

































Poughkeepsie, NY - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:27	3.2	7:46	2.7	1:33	-0.1	2:18	0.1	7:22	4:36	
2	Tue	8:28	3.2	8:53	2.6	2:31	-0.1	3:18	0.1	7:22	4:37	
3	Wed	9:28	3.3	9:56	2.6	3:26	0.0	4:13	0.0	7:22	4:37	
4	Thu	10:23	3.3	10:50	2.7	4:19	0.0	5:05	-0.1	7:22	4:38	
5	Fri	11:11	3.4	11:38	2.7	5:09	0.0	5:54	-0.2	7:22	4:39	
6	Sat	11:55	3.4			5:57	0.0	6:40	-0.3	7:22	4:40	
7	Sun	12:22	2.8	12:36	3.4	6:43	0.0	7:23	-0.3	7:22	4:41	
8	Mon	1:05	2.8	1:17	3.3	7:26	0.0	8:03	-0.3	7:22	4:42	
9	Tue	1:47	2.7	1:57	3.2	8:06	0.0	8:40	-0.2	7:22	4:43	
10	Wed	2:30	2.7	2:38	3.1	8:44	0.1	9:14	-0.1	7:21	4:44	
11	Thu	3:12	2.7	3:18	2.9	9:21	0.2	9:46	0.0	7:21	4:45	
12	Fri	3:55	2.6	3:59	2.7	9:57	0.4	10:18	0.1	7:21	4:47	
13	Sat	4:35	2.6	4:39	2.6	10:37	0.5	10:51	0.2	7:20	4:48	
14	Sun	5:12	2.6	5:21	2.4	11:31	0.6	11:30	0.3	7:20	4:49	
15	Mon	5:49	2.6	6:05	2.3			12:41	0.7	7:20	4:50	
16	Tue	6:30	2.7	6:57	2.2	12:25	0.4	1:51	0.6	7:19	4:51	
17	Wed	7:21	2.8	8:03	2.2	1:31	0.4	2:52	0.5	7:19	4:52	
18	Thu	8:25	2.9	9:14	2.3	2:34	0.3	3:47	0.2	7:18	4:53	
19	Fri	9:31	3.1	10:14	2.5	3:33	0.1	4:40	0.0	7:17	4:55	
20	Sat	10:27	3.4	11:05	2.7	4:28	-0.1	5:30	-0.3	7:17	4:56	
21	Sun	11:18	3.6	11:53	3.0	5:22	-0.3	6:20	-0.5	7:16	4:57	
22	Mon			12:06	3.8	6:16	-0.5	7:07	-0.7	7:15	4:58	
23	Tue	12:41	3.2	12:54	3.8	7:09	-0.6	7:53	-0.8	7:15	5:00	
24	Wed	1:30	3.3	1:45	3.7	8:00	-0.7	8:38	-0.9	7:14	5:01	
25	Thu	2:23	3.4	2:37	3.6	8:50	-0.7	9:23	-0.8	7:13	5:02	
26	Fri	3:17	3.4	3:32	3.4	9:41	-0.5	10:10	-0.6	7:12	5:03	
27	Sat	4:13	3.4	4:29	3.1	10:37	-0.3	11:02	-0.4	7:11	5:05	
28	Sun	5:09	3.3	5:27	2.9	11:40	-0.1			7:11	5:06	
29	Mon	6:04	3.2	6:24	2.6	12:00	-0.2	12:48	0.1	7:10	5:07	
30	Tue	7:01	3.1	7:26	2.5	1:04	0.0	1:56	0.2	7:09	5:08	
31	Wed	8:03	3.0	8:34	2.4	2:08	0.1	2:59	0.1	7:08	5:10	