US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:10	2.8	10:43	2.8	4:17	0.6	4:47	0.3	6:37	7:21	
2	Mon	11:02	2.9	11:29	3.0	5:06	0.5	5:29	0.2	6:36	7:22	
3	Tue	11:46	3.0			5:51	0.3	6:08	0.1	6:34	7:23	
4	Wed	12:08	3.1	12:25	3.1	6:34	0.2	6:46	0.1	6:32	7:24	
5	Thu	12:43	3.3	1:01	3.1	7:16	0.1	7:23	0.0	6:31	7:25	
6	Fri	1:15	3.4	1:36	3.1	7:56	0.0	7:58	0.0	6:29	7:26	
7	Sat	1:44	3.4	2:10	3.0	8:35	0.0	8:32	0.1	6:27	7:27	
8	Sun	2:10	3.4	2:43	2.9	9:12	0.0	9:04	0.2	6:26	7:28	
9	Mon	2:36	3.4	3:18	2.8	9:47	0.1	9:34	0.2	6:24	7:29	
10	Tue	3:07	3.3	3:58	2.7	10:23	0.2	10:06	0.3	6:22	7:31	
11	Wed	3:47	3.3	4:48	2.6	11:04	0.3	10:44	0.4	6:21	7:32	
12	Thu	4:39	3.2	5:46	2.6	11:56	0.4	11:35	0.5	6:19	7:33	
13	Fri	5:41	3.2	6:47	2.6			1:07	0.5	6:18	7:34	
14	Sat	6:47	3.2	7:48	2.8	12:52	0.6	2:18	0.4	6:16	7:35	
15	Sun	7:55	3.2	8:54	3.0	2:21	0.5	3:20	0.2	6:14	7:36	
16	Mon	9:08	3.2	9:59	3.3	3:34	0.3	4:15	0.0	6:13	7:37	
17	Tue	10:18	3.3	10:57	3.6	4:36	0.1	5:07	-0.2	6:11	7:38	
18	Wed	11:18	3.4	11:49	3.9	5:33	-0.2	5:56	-0.4	6:10	7:39	
19	Thu			12:10	3.5	6:27	-0.4	6:45	-0.5	6:08	7:40	
20	Fri	12:37	4.1	1:00	3.6	7:21	-0.5	7:34	-0.5	6:07	7:42	
21	Sat	1:23	4.2	1:50	3.5	8:12	-0.6	8:23	-0.4	6:05	7:43	
22	Sun	2:11	4.1	2:41	3.4	9:01	-0.5	9:10	-0.2	6:04	7:44	
23	Mon	3:00	3.9	3:36	3.2	9:49	-0.4	9:56	0.0	6:02	7:45	
24	Tue	3:53	3.7	4:34	3.0	10:38	-0.2	10:43	0.3	6:01	7:46	
25	Wed	4:48	3.5	5:33	2.9	11:29	0.1	11:36	0.5	5:59	7:47	
26	Thu	5:46	3.3	6:29	2.8			12:26	0.3	5:58	7:48	
27	Fri	6:41	3.1	7:22	2.7	12:37	0.8	1:27	0.5	5:57	7:49	
28	Sat	7:34	2.9	8:15	2.7	1:45	0.9	2:25	0.5	5:55	7:50	
29	Sun	8:28	2.8	9:09	2.8	2:48	0.9	3:18	0.5	5:54	7:51	
30	Mon	9:25	2.8	10:02	2.9	3:45	0.8	4:04	0.5	5:52	7:52	