US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:20	2.8	10:50	3.1	4:35	0.6	4:46	0.4	5:51	7:54	
2	Wed	11:08	2.9	11:31	3.3	5:21	0.5	5:25	0.3	5:50	7:55	
3	Thu	11:51	2.9			6:04	0.4	6:04	0.3	5:49	7:56	
4	Fri	12:07	3.4	12:30	3.0	6:47	0.2	6:43	0.2	5:47	7:57	
5	Sat	12:39	3.5	1:07	3.0	7:30	0.1	7:21	0.2	5:46	7:58	
6	Sun	1:09	3.6	1:43	2.9	8:11	0.1	8:00	0.3	5:45	7:59	
7	Mon	1:38	3.6	2:21	2.9	8:52	0.0	8:38	0.3	5:44	8:00	
8	Tue	2:10	3.6	3:01	2.8	9:32	0.0	9:16	0.3	5:42	8:01	
9	Wed	2:48	3.6	3:48	2.8	10:12	0.1	9:55	0.4	5:41	8:02	
10	Thu	3:35	3.5	4:43	2.8	10:56	0.2	10:40	0.4	5:40	8:03	
11	Fri	4:31	3.4	5:42	2.8	11:47	0.2	11:36	0.5	5:39	8:04	
12	Sat	5:35	3.4	6:39	3.0			12:47	0.3	5:38	8:05	
13	Sun	6:38	3.3	7:35	3.1	12:51	0.6	1:50	0.2	5:37	8:06	
14	Mon	7:40	3.2	8:33	3.3	2:09	0.5	2:50	0.1	5:36	8:07	
15	Tue	8:44	3.2	9:34	3.6	3:18	0.4	3:45	0.0	5:35	8:08	
16	Wed	9:52	3.2	10:33	3.8	4:19	0.1	4:38	-0.1	5:34	8:09	
17	Thu	10:55	3.2	11:27	4.0	5:16	0.0	5:29	-0.2	5:33	8:10	
18	Fri	11:51	3.3			6:10	-0.2	6:19	-0.2	5:32	8:11	
19	Sat	12:16	4.1	12:42	3.3	7:04	-0.3	7:10	-0.2	5:31	8:12	
20	Sun	1:03	4.1	1:33	3.3	7:55	-0.4	8:00	-0.1	5:31	8:13	
21	Mon	1:50	4.0	2:25	3.2	8:45	-0.3	8:49	0.0	5:30	8:14	
22	Tue	2:39	3.9	3:18	3.1	9:32	-0.2	9:35	0.2	5:29	8:15	
23	Wed	3:29	3.7	4:14	3.0	10:18	-0.1	10:21	0.4	5:28	8:16	
24	Thu	4:23	3.5	5:10	2.9	11:04	0.1	11:09	0.6	5:27	8:17	
25	Fri	5:17	3.3	6:03	2.9	11:52	0.3			5:27	8:18	
26	Sat	6:08	3.1	6:52	2.9	12:03	0.8	12:44	0.4	5:26	8:19	
27	Sun	6:57	3.0	7:38	2.9	1:05	0.9	1:37	0.5	5:26	8:19	
28	Mon	7:45	2.8	8:24	3.0	2:08	1.0	2:27	0.6	5:25	8:20	
29	Tue	8:34	2.7	9:13	3.0	3:06	0.9	3:14	0.6	5:24	8:21	
30	Wed	9:29	2.7	10:02	3.2	3:58	0.8	3:58	0.5	5:24	8:22	
31	Thu	10:24	2.7	10:47	3.3	4:46	0.7	4:40	0.5	5:23	8:23	