US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:04	3.4	3:27	4.0	9:32	-0.1	10:15	-0.1	7:28	5:50	
2	Fri	4:04	3.2	4:25	3.7	10:21	0.2	11:08	0.1	7:29	5:49	
3	Sat	5:07	3.0	5:25	3.5	11:14	0.5			7:30	5:47	
4	Sun	5:07	2.9	5:23	3.3	12:05	0.3	11:14 AM	0.7	6:31	4:46	
5	Mon	6:04	2.9	6:18	3.2	12:06	0.5	12:22	0.8	6:33	4:45	
6	Tue	6:57	2.9	7:11	3.0	1:07	0.5	1:28	0.9	6:34	4:44	
7	Wed	7:51	2.9	8:06	3.0	2:01	0.5	2:26	0.8	6:35	4:43	
8	Thu	8:44	3.0	9:00	2.9	2:48	0.5	3:18	0.7	6:36	4:42	
9	Fri	9:32	3.2	9:50	3.0	3:31	0.4	4:04	0.6	6:37	4:41	
10	Sat	10:15	3.3	10:34	3.0	4:10	0.4	4:48	0.4	6:39	4:40	
11	Sun	10:53	3.5	11:14	3.0	4:48	0.3	5:30	0.3	6:40	4:39	
12	Mon	11:27	3.5	11:51	3.0	5:26	0.3	6:13	0.2	6:41	4:38	
13	Tue	11:58	3.6			6:05	0.3	6:55	0.2	6:42	4:37	
14	Wed	12:27	3.0	12:27	3.6	6:43	0.3	7:35	0.1	6:44	4:36	
15	Thu	1:03	2.9	12:56	3.6	7:21	0.3	8:15	0.2	6:45	4:35	
16	Fri	1:40	2.8	1:29	3.5	7:58	0.3	8:54	0.2	6:46	4:34	
17	Sat	2:22	2.7	2:10	3.4	8:35	0.4	9:35	0.3	6:47	4:33	
18	Sun	3:13	2.7	3:00	3.4	9:15	0.5	10:20	0.3	6:48	4:33	
19	Mon	4:11	2.7	4:01	3.3	10:02	0.5	11:15	0.3	6:50	4:32	
20	Tue	5:09	2.8	5:04	3.2	11:07	0.6			6:51	4:31	
21	Wed	6:04	3.0	6:06	3.2	12:17	0.3	12:28	0.6	6:52	4:30	
22	Thu	7:01	3.2	7:08	3.1	1:18	0.2	1:43	0.4	6:53	4:30	
23	Fri	8:00	3.4	8:14	3.1	2:15	0.1	2:48	0.2	6:54	4:29	
24	Sat	9:00	3.6	9:20	3.2	3:09	-0.1	3:46	0.0	6:55	4:29	
25	Sun	9:57	3.9	10:19	3.3	4:00	-0.2	4:42	-0.2	6:57	4:28	
26	Mon	10:49	4.0	11:13	3.3	4:51	-0.3	5:35	-0.4	6:58	4:28	
27	Tue	11:38	4.1			5:43	-0.4	6:28	-0.4	6:59	4:27	
28	Wed	12:04	3.3	12:26	4.1	6:34	-0.3	7:20	-0.5	7:00	4:27	
29	Thu	12:56	3.2	1:15	4.0	7:25	-0.2	8:09	-0.4	7:01	4:26	
30	Fri	1:49	3.1	2:07	3.8	8:14	-0.1	8:56	-0.3	7:02	4:26	