US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 2047

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:02	2.8	4:13	3.0	10:09	0.3	10:37	0.0	7:22	4:35	
2	Wed	4:50	2.8	5:00	2.8	10:59	0.5	11:21	0.2	7:22	4:36	
3	Thu	5:35	2.7	5:46	2.6	11:57	0.6			7:22	4:37	
4	Fri	6:18	2.7	6:32	2.4	12:08	0.3	1:00	0.7	7:22	4:38	
5	Sat	7:03	2.7	7:23	2.3	1:00	0.4	2:00	0.6	7:22	4:39	
6	Sun	7:53	2.7	8:22	2.2	1:53	0.4	2:55	0.5	7:22	4:40	
7	Mon	8:48	2.8	9:23	2.3	2:45	0.4	3:46	0.4	7:22	4:41	
8	Tue	9:41	2.9	10:16	2.4	3:34	0.3	4:34	0.2	7:22	4:42	
9	Wed	10:27	3.1	11:01	2.5	4:21	0.2	5:20	0.0	7:22	4:43	
10	Thu	11:08	3.3	11:42	2.7	5:08	0.1	6:05	-0.2	7:21	4:44	
11	Fri	11:47	3.4			5:55	-0.1	6:49	-0.3	7:21	4:45	
12	Sat	12:22	2.8	12:25	3.5	6:41	-0.2	7:32	-0.5	7:21	4:46	
13	Sun	1:02	2.9	1:06	3.6	7:28	-0.3	8:13	-0.5	7:20	4:47	
14	Mon	1:46	3.0	1:51	3.5	8:13	-0.4	8:53	-0.6	7:20	4:49	
15	Tue	2:33	3.1	2:39	3.4	8:59	-0.4	9:34	-0.5	7:20	4:50	
16	Wed	3:25	3.2	3:33	3.2	9:48	-0.3	10:18	-0.4	7:19	4:51	
17	Thu	4:20	3.2	4:30	3.0	10:44	-0.1	11:10	-0.3	7:19	4:52	
18	Fri	5:16	3.2	5:29	2.8	11:51	0.0			7:18	4:53	
19	Sat	6:12	3.2	6:29	2.7	12:12	-0.2	1:03	0.1	7:18	4:54	
20	Sun	7:12	3.2	7:36	2.6	1:18	-0.1	2:12	0.1	7:17	4:56	
21	Mon	8:18	3.2	8:49	2.5	2:23	-0.1	3:16	0.0	7:16	4:57	
22	Tue	9:25	3.3	9:57	2.6	3:24	-0.1	4:13	-0.2	7:16	4:58	
23	Wed	10:24	3.4	10:54	2.8	4:21	-0.2	5:07	-0.3	7:15	4:59	
24	Thu	11:15	3.5	11:43	2.9	5:14	-0.2	5:57	-0.4	7:14	5:00	
25	Fri			12:02	3.5	6:05	-0.3	6:44	-0.5	7:13	5:02	
26	Sat	12:29	3.0	12:45	3.5	6:53	-0.3	7:28	-0.5	7:13	5:03	
27	Sun	1:13	3.0	1:27	3.4	7:38	-0.3	8:07	-0.5	7:12	5:04	
28	Mon	1:55	3.0	2:09	3.2	8:19	-0.2	8:44	-0.4	7:11	5:05	
29	Tue	2:37	2.9	2:51	3.1	8:59	-0.1	9:19	-0.2	7:10	5:07	
30	Wed	3:20	2.9	3:34	2.8	9:37	0.1	9:52	-0.1	7:09	5:08	
31	Thu	4:01	2.8	4:17	2.6	10:17	0.3	10:23	0.1	7:08	5:09	