US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 2047

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:10	3.0	3:38	2.6	9:44	0.2	9:38	0.2	6:30	5:45	
2	Sat	3:44	2.9	4:20	2.5	10:21	0.4	10:05	0.3	6:28	5:47	
3	Sun	4:21	2.8	5:06	2.3	11:06	0.5	10:41	0.5	6:26	5:48	
4	Mon	5:02	2.7	5:54	2.2			12:15	0.6	6:25	5:49	
5	Tue	5:51	2.7	6:49	2.2			1:29	0.6	6:23	5:50	
6	Wed	6:50	2.7	7:55	2.3	1:04	0.7	2:33	0.5	6:22	5:51	
7	Thu	8:01	2.8	9:02	2.5	2:22	0.5	3:27	0.3	6:20	5:52	
8	Fri	9:14	3.0	9:59	2.7	3:23	0.3	4:16	0.1	6:18	5:54	
9	Sat	10:12	3.2	10:46	3.1	4:18	0.0	5:03	-0.2	6:17	5:55	
10	Sun			12:00	3.5	6:11	-0.2	6:49	-0.4	7:15	6:56	
11	Mon	12:30	3.4	12:46	3.6	7:03	-0.5	7:34	-0.6	7:13	6:57	
12	Tue	1:14	3.7	1:32	3.6	7:54	-0.7	8:19	-0.7	7:12	6:58	
13	Wed	1:59	3.8	2:19	3.6	8:44	-0.7	9:03	-0.7	7:10	6:59	
14	Thu	2:47	3.9	3:10	3.4	9:33	-0.7	9:48	-0.6	7:08	7:00	
15	Fri	3:38	3.8	4:06	3.2	10:22	-0.6	10:34	-0.4	7:07	7:02	
16	Sat	4:35	3.7	5:06	3.0	11:16	-0.3	11:27	-0.2	7:05	7:03	
17	Sun	5:35	3.5	6:09	2.9			12:17	-0.1	7:03	7:04	
18	Mon	6:36	3.3	7:11	2.7	12:30	0.1	1:26	0.1	7:01	7:05	
19	Tue	7:38	3.1	8:15	2.7	1:42	0.3	2:35	0.2	7:00	7:06	
20	Wed	8:42	3.0	9:22	2.7	2:52	0.4	3:37	0.2	6:58	7:07	
21	Thu	9:49	3.0	10:26	2.8	3:56	0.3	4:33	0.1	6:56	7:08	
22	Fri	10:48	3.1	11:19	3.0	4:51	0.2	5:21	0.0	6:55	7:09	
23	Sat	11:38	3.1			5:41	0.1	6:05	-0.1	6:53	7:11	
24	Sun	12:02	3.1	12:20	3.2	6:27	0.0	6:46	-0.1	6:51	7:12	
25	Mon	12:41	3.3	12:59	3.2	7:11	-0.1	7:25	-0.1	6:50	7:13	
26	Tue	1:17	3.4	1:36	3.2	7:53	-0.1	8:02	-0.1	6:48	7:14	
27	Wed	1:51	3.4	2:13	3.1	8:32	-0.1	8:36	0.0	6:46	7:15	
28	Thu	2:23	3.4	2:50	3.0	9:10	-0.1	9:08	0.1	6:44	7:16	
29	Fri	2:54	3.3	3:27	2.8	9:45	0.0	9:38	0.2	6:43	7:17	
30	Sat	3:22	3.2	4:06	2.7	10:19	0.2	10:05	0.3	6:41	7:18	
31	Sun	3:52	3.1	4:48	2.5	10:54	0.3	10:34	0.5	6:39	7:19	