US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 2047

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:05	3.1	7:54	3.6	1:43	0.5	1:59	0.2	5:25	8:34	
2	Tue	8:06	3.0	8:53	3.7	2:53	0.4	3:01	0.2	5:25	8:34	
3	Wed	9:15	3.0	9:58	3.8	3:57	0.3	4:01	0.1	5:26	8:33	
4	Thu	10:27	3.0	11:00	4.0	4:56	0.1	4:59	0.1	5:26	8:33	
5	Fri	11:31	3.1	11:56	4.1	5:52	0.0	5:56	0.0	5:27	8:33	
6	Sat			12:27	3.2	6:47	-0.2	6:51	0.0	5:28	8:33	
7	Sun	12:47	4.1	1:20	3.3	7:39	-0.3	7:46	0.0	5:28	8:32	
8	Mon	1:37	4.0	2:13	3.4	8:29	-0.3	8:37	0.0	5:29	8:32	
9	Tue	2:27	3.9	3:05	3.3	9:15	-0.3	9:25	0.1	5:30	8:32	
10	Wed	3:16	3.8	3:56	3.3	9:59	-0.2	10:11	0.3	5:30	8:31	
11	Thu	4:06	3.6	4:47	3.3	10:40	-0.1	10:58	0.5	5:31	8:31	
12	Fri	4:56	3.4	5:36	3.2	11:22	0.1	11:48	0.7	5:32	8:30	
13	Sat	5:45	3.2	6:21	3.2			12:05	0.3	5:33	8:30	
14	Sun	6:32	3.0	7:05	3.2	12:44	0.8	12:51	0.5	5:33	8:29	
15	Mon	7:18	2.8	7:48	3.2	1:44	0.9	1:40	0.7	5:34	8:28	
16	Tue	8:07	2.6	8:35	3.2	2:43	0.9	2:32	0.7	5:35	8:28	
17	Wed	9:02	2.6	9:27	3.2	3:39	0.8	3:23	0.8	5:36	8:27	
18	Thu	10:03	2.6	10:22	3.3	4:30	0.7	4:13	0.7	5:37	8:26	
19	Fri	10:59	2.6	11:10	3.4	5:18	0.6	5:01	0.6	5:38	8:26	
20	Sat	11:47	2.8	11:53	3.5	6:03	0.4	5:48	0.6	5:38	8:25	
21	Sun			12:30	2.9	6:48	0.3	6:35	0.5	5:39	8:24	
22	Mon	12:31	3.7	1:10	3.0	7:32	0.1	7:22	0.3	5:40	8:23	
23	Tue	1:08	3.8	1:49	3.2	8:14	0.0	8:09	0.2	5:41	8:23	
24	Wed	1:46	3.8	2:29	3.3	8:54	-0.1	8:54	0.2	5:42	8:22	
25	Thu	2:26	3.8	3:13	3.4	9:33	-0.1	9:38	0.2	5:43	8:21	
26	Fri	3:11	3.7	4:00	3.5	10:11	-0.1	10:24	0.2	5:44	8:20	
27	Sat	4:01	3.6	4:52	3.6	10:51	-0.1	11:16	0.3	5:45	8:19	
28	Sun	4:56	3.4	5:45	3.7	11:36	0.0			5:46	8:18	
29	Mon	5:54	3.2	6:40	3.7	12:17	0.4	12:31	0.2	5:47	8:17	
30	Tue	6:53	3.1	7:36	3.7	1:27	0.5	1:36	0.3	5:48	8:16	
31	Wed	7:56	3.0	8:38	3.7	2:37	0.5	2:43	0.3	5:49	8:15	