US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:57	2.7	8:14	3.1	2:25	1.0	2:13	1.0	6:22	7:28	
2	Wed	8:54	2.7	9:11	3.1	3:22	0.9	3:13	1.0	6:23	7:26	
3	Thu	9:53	2.8	10:09	3.2	4:13	0.8	4:07	0.9	6:24	7:24	
4	Fri	10:47	2.9	10:59	3.3	4:59	0.6	4:56	0.7	6:25	7:23	
5	Sat	11:33	3.1	11:41	3.5	5:41	0.5	5:42	0.6	6:26	7:21	
6	Sun			12:12	3.3	6:22	0.3	6:27	0.4	6:27	7:19	
7	Mon	12:18	3.6	12:47	3.5	7:02	0.2	7:11	0.3	6:28	7:18	
8	Tue	12:52	3.7	1:21	3.6	7:41	0.1	7:56	0.2	6:29	7:16	
9	Wed	1:26	3.7	1:55	3.8	8:19	0.0	8:39	0.1	6:30	7:14	
10	Thu	2:03	3.6	2:33	3.8	8:57	0.0	9:23	0.1	6:31	7:13	
11	Fri	2:44	3.5	3:16	3.9	9:34	0.0	10:07	0.2	6:32	7:11	
12	Sat	3:32	3.4	4:07	3.8	10:13	0.1	10:57	0.3	6:33	7:09	
13	Sun	4:29	3.2	5:06	3.8	10:58	0.3	11:56	0.4	6:34	7:07	
14	Mon	5:34	3.1	6:09	3.7	11:56	0.4			6:35	7:06	
15	Tue	6:41	3.0	7:13	3.7	1:06	0.5	1:12	0.6	6:36	7:04	
16	Wed	7:47	3.0	8:19	3.6	2:18	0.5	2:29	0.6	6:37	7:02	
17	Thu	8:57	3.1	9:27	3.7	3:22	0.4	3:37	0.5	6:38	7:00	
18	Fri	10:05	3.3	10:31	3.7	4:20	0.2	4:37	0.3	6:40	6:59	
19	Sat	11:05	3.5	11:26	3.8	5:12	0.0	5:32	0.2	6:41	6:57	
20	Sun	11:55	3.7			6:01	-0.1	6:24	0.0	6:42	6:55	
21	Mon	12:14	3.9	12:41	3.9	6:48	-0.2	7:14	0.0	6:43	6:53	
22	Tue	12:59	3.9	1:23	3.9	7:33	-0.2	8:01	0.0	6:44	6:52	
23	Wed	1:42	3.8	2:04	3.9	8:15	-0.1	8:46	0.0	6:45	6:50	
24	Thu	2:26	3.6	2:45	3.8	8:56	0.0	9:29	0.2	6:46	6:48	
25	Fri	3:10	3.4	3:27	3.7	9:33	0.2	10:11	0.3	6:47	6:46	
26	Sat	3:58	3.2	4:12	3.5	10:09	0.4	10:54	0.5	6:48	6:45	
27	Sun	4:49	3.0	5:00	3.3	10:45	0.7	11:42	0.7	6:49	6:43	
28	Mon	5:42	2.9	5:50	3.2	11:23	0.9			6:50	6:41	
29	Tue	6:34	2.8	6:41	3.1	12:38	0.9	12:15	1.0	6:51	6:40	
30	Wed	7:26	2.7	7:31	3.0	1:41	1.0	1:26	1.1	6:52	6:38	