US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:17	3.2	8:30	2.8	2:32	0.3	3:12	0.4	7:04	4:26	
2	Wed	9:13	3.4	9:34	2.9	3:22	0.1	4:06	0.1	7:05	4:25	
3	Thu	10:06	3.7	10:30	3.1	4:11	-0.1	4:59	-0.2	7:06	4:25	
4	Fri	10:56	3.9	11:22	3.2	5:02	-0.2	5:52	-0.4	7:07	4:25	
5	Sat	11:45	4.1			5:55	-0.4	6:45	-0.5	7:07	4:25	
6	Sun	12:14	3.3	12:36	4.1	6:49	-0.4	7:37	-0.6	7:08	4:25	
7	Mon	1:07	3.3	1:30	4.1	7:42	-0.5	8:27	-0.7	7:09	4:25	
8	Tue	2:05	3.3	2:27	3.9	8:35	-0.4	9:17	-0.6	7:10	4:25	
9	Wed	3:07	3.2	3:28	3.7	9:28	-0.2	10:09	-0.5	7:11	4:25	
10	Thu	4:10	3.2	4:29	3.5	10:26	0.0	11:04	-0.3	7:12	4:25	
11	Fri	5:10	3.2	5:26	3.3	11:30	0.2			7:13	4:25	
12	Sat	6:06	3.2	6:22	3.1	12:03	-0.2	12:38	0.3	7:14	4:25	
13	Sun	7:00	3.2	7:17	2.9	1:02	0.0	1:43	0.3	7:14	4:25	
14	Mon	7:55	3.1	8:16	2.8	1:58	0.0	2:43	0.3	7:15	4:26	
15	Tue	8:51	3.2	9:15	2.7	2:50	0.1	3:37	0.2	7:16	4:26	
16	Wed	9:44	3.2	10:08	2.7	3:38	0.1	4:26	0.1	7:16	4:26	
17	Thu	10:30	3.3	10:55	2.7	4:24	0.1	5:13	0.0	7:17	4:26	
18	Fri	11:12	3.4	11:38	2.8	5:07	0.1	5:57	0.0	7:18	4:27	
19	Sat	11:51	3.4			5:50	0.1	6:40	-0.1	7:18	4:27	
20	Sun	12:19	2.8	12:28	3.4	6:32	0.1	7:21	-0.1	7:19	4:28	
21	Mon	1:00	2.8	1:03	3.3	7:13	0.1	8:00	-0.1	7:19	4:28	
22	Tue	1:41	2.8	1:37	3.2	7:51	0.1	8:36	-0.1	7:20	4:29	
23	Wed	2:22	2.7	2:10	3.1	8:27	0.2	9:10	0.0	7:20	4:29	
24	Thu	3:03	2.7	2:42	3.0	9:01	0.3	9:43	0.0	7:20	4:30	
25	Fri	3:44	2.6	3:18	2.9	9:36	0.4	10:15	0.1	7:21	4:31	
26	Sat	4:24	2.7	4:01	2.8	10:15	0.4	10:51	0.2	7:21	4:31	
27	Sun	5:04	2.7	4:51	2.7	11:07	0.5	11:37	0.2	7:21	4:32	
28	Mon	5:46	2.8	5:44	2.7			12:20	0.5	7:22	4:33	
29	Tue	6:35	3.0	6:42	2.6	12:38	0.2	1:37	0.4	7:22	4:33	
30	Wed	7:32	3.1	7:50	2.6	1:44	0.2	2:44	0.2	7:22	4:34	
31	Thu	8:37	3.3	9:05	2.7	2:47	0.0	3:44	0.0	7:22	4:35	