US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:16	3.7	12:39	3.6	6:52	-0.4	7:09	-0.5	6:37	7:21	
2	Fri	1:01	3.8	1:25	3.6	7:42	-0.5	7:55	-0.5	6:35	7:22	
3	Sat	1:44	3.8	2:10	3.5	8:29	-0.5	8:38	-0.4	6:33	7:23	
4	Sun	2:26	3.7	2:56	3.3	9:13	-0.4	9:19	-0.2	6:32	7:24	
5	Mon	3:09	3.6	3:44	3.1	9:56	-0.2	9:58	0.0	6:30	7:25	
6	Tue	3:53	3.4	4:34	2.9	10:39	0.0	10:36	0.3	6:28	7:26	
7	Wed	4:40	3.2	5:26	2.8	11:24	0.2	11:16	0.5	6:27	7:28	
8	Thu	5:30	3.0	6:17	2.7			12:15	0.4	6:25	7:29	
9	Fri	6:20	2.9	7:08	2.6	12:05	0.7	1:14	0.6	6:24	7:30	
10	Sat	7:10	2.8	7:59	2.6	1:09	0.9	2:14	0.6	6:22	7:31	
11	Sun	8:03	2.7	8:54	2.6	2:18	0.9	3:09	0.6	6:20	7:32	
12	Mon	9:01	2.7	9:49	2.8	3:19	0.8	3:59	0.5	6:19	7:33	
13	Tue	10:00	2.8	10:40	2.9	4:13	0.6	4:43	0.4	6:17	7:34	
14	Wed	10:52	2.9	11:22	3.2	5:02	0.4	5:25	0.2	6:15	7:35	
15	Thu	11:36	3.0			5:48	0.2	6:06	0.1	6:14	7:36	
16	Fri	12:00	3.4	12:15	3.1	6:33	0.0	6:47	0.0	6:12	7:37	
17	Sat	12:35	3.6	12:53	3.2	7:19	-0.1	7:28	-0.1	6:11	7:39	
18	Sun	1:10	3.8	1:32	3.2	8:04	-0.3	8:10	-0.1	6:09	7:40	
19	Mon	1:47	3.8	2:14	3.2	8:49	-0.3	8:52	-0.1	6:08	7:41	
20	Tue	2:29	3.9	3:02	3.2	9:34	-0.4	9:36	-0.1	6:06	7:42	
21	Wed	3:18	3.8	3:57	3.1	10:21	-0.3	10:22	0.0	6:05	7:43	
22	Thu	4:15	3.7	5:00	3.0	11:12	-0.2	11:16	0.2	6:03	7:44	
23	Fri	5:19	3.6	6:04	3.0			12:11	0.0	6:02	7:45	
24	Sat	6:23	3.5	7:06	3.1	12:24	0.3	1:17	0.1	6:00	7:46	
25	Sun	7:25	3.4	8:07	3.2	1:39	0.4	2:21	0.1	5:59	7:47	
26	Mon	8:28	3.3	9:10	3.3	2:50	0.3	3:21	0.0	5:58	7:48	
27	Tue	9:33	3.2	10:12	3.4	3:53	0.2	4:16	-0.1	5:56	7:49	
28	Wed	10:35	3.3	11:06	3.6	4:50	0.0	5:07	-0.2	5:55	7:51	
29	Thu	11:29	3.3	11:54	3.8	5:43	-0.1	5:55	-0.2	5:53	7:52	
30	Fri			12:18	3.4	6:34	-0.2	6:41	-0.2	5:52	7:53	