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# Poughkeepsie, NY - May 2049

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 12:38 | 3.8 | 1:03 | 3.3 | 7:22 | -0.2 | 7:26 | -0.1 | 5:51 | 7:54 | |
| 2 | Sun | 1:19 | 3.8 | 1:48 | 3.3 | 8:08 | -0.2 | 8:10 | 0.0 | 5:49 | 7:55 | |
| 3 | Mon | 1:58 | 3.7 | 2:33 | 3.2 | 8:52 | -0.2 | 8:51 | 0.1 | 5:48 | 7:56 | |
| 4 | Tue | 2:39 | 3.6 | 3:19 | 3.0 | 9:34 | -0.1 | 9:30 | 0.3 | 5:47 | 7:57 | |
| 5 | Wed | 3:20 | 3.5 | 4:08 | 2.9 | 10:14 | 0.1 | 10:07 | 0.5 | 5:46 | 7:58 | |
| 6 | Thu | 4:04 | 3.3 | 4:59 | 2.8 | 10:55 | 0.2 | 10:45 | 0.6 | 5:44 | 7:59 | |
| 7 | Fri | 4:51 | 3.1 | 5:49 | 2.8 | 11:39 | 0.4 | 11:27 | 0.8 | 5:43 | 8:00 | |
| 8 | Sat | 5:40 | 3.0 | 6:38 | 2.7 | | | 12:28 | 0.6 | 5:42 | 8:01 | |
| 9 | Sun | 6:27 | 2.9 | 7:24 | 2.8 | 12:22 | 0.9 | 1:23 | 0.6 | 5:41 | 8:02 | |
| 10 | Mon | 7:12 | 2.8 | 8:10 | 2.8 | 1:31 | 1.0 | 2:17 | 0.6 | 5:40 | 8:03 | |
| 11 | Tue | 8:01 | 2.7 | 8:58 | 2.9 | 2:36 | 0.9 | 3:08 | 0.6 | 5:39 | 8:04 | |
| 12 | Wed | 8:56 | 2.7 | 9:48 | 3.1 | 3:34 | 0.8 | 3:55 | 0.5 | 5:38 | 8:05 | |
| 13 | Thu | 9:56 | 2.8 | 10:36 | 3.3 | 4:26 | 0.6 | 4:40 | 0.4 | 5:37 | 8:07 | |
| 14 | Fri | 10:51 | 2.9 | 11:19 | 3.6 | 5:16 | 0.3 | 5:23 | 0.2 | 5:36 | 8:08 | |
| 15 | Sat | 11:39 | 3.0 | | | 6:04 | 0.1 | 6:08 | 0.1 | 5:35 | 8:09 | |
| 16 | Sun | 12:00 | 3.8 | 12:24 | 3.2 | 6:53 | -0.1 | 6:55 | 0.0 | 5:34 | 8:10 | |
| 17 | Mon | 12:42 | 4.0 | 1:10 | 3.2 | 7:43 | -0.3 | 7:44 | -0.1 | 5:33 | 8:11 | |
| 18 | Tue | 1:26 | 4.1 | 1:59 | 3.3 | 8:32 | -0.4 | 8:34 | -0.1 | 5:32 | 8:11 | |
| 19 | Wed | 2:14 | 4.1 | 2:52 | 3.3 | 9:20 | -0.4 | 9:23 | -0.1 | 5:31 | 8:12 | |
| 20 | Thu | 3:08 | 4.0 | 3:52 | 3.3 | 10:09 | -0.4 | 10:15 | 0.0 | 5:30 | 8:13 | |
| 21 | Fri | 4:08 | 3.9 | 4:56 | 3.3 | 11:00 | -0.3 | 11:11 | 0.1 | 5:30 | 8:14 | |
| 22 | Sat | 5:11 | 3.7 | 5:57 | 3.3 | 11:55 | -0.2 | | | 5:29 | 8:15 | |
| 23 | Sun | 6:12 | 3.6 | 6:56 | 3.4 | 12:15 | 0.3 | 12:55 | -0.1 | 5:28 | 8:16 | |
| 24 | Mon | 7:11 | 3.4 | 7:52 | 3.4 | 1:25 | 0.4 | 1:56 | 0.0 | 5:27 | 8:17 | |
| 25 | Tue | 8:08 | 3.3 | 8:49 | 3.5 | 2:33 | 0.4 | 2:55 | 0.0 | 5:27 | 8:18 | |
| 26 | Wed | 9:09 | 3.2 | 9:47 | 3.5 | 3:35 | 0.3 | 3:49 | 0.0 | 5:26 | 8:19 | |
| 27 | Thu | 10:10 | 3.1 | 10:42 | 3.6 | 4:32 | 0.2 | 4:39 | 0.0 | 5:25 | 8:20 | |
| 28 | Fri | 11:06 | 3.1 | 11:31 | 3.7 | 5:24 | 0.1 | 5:27 | 0.1 | 5:25 | 8:21 | |
| 29 | Sat | 11:56 | 3.1 | | | 6:14 | 0.0 | 6:13 | 0.1 | 5:24 | 8:21 | |
| 30 | Sun | 12:14 | 3.8 | 12:42 | 3.1 | 7:01 | 0.0 | 6:58 | 0.2 | 5:24 | 8:22 | |
| 31 | Mon | 12:55 | 3.7 | 1:26 | 3.1 | 7:47 | 0.0 | 7:42 | 0.2 | 5:23 | 8:23 | |