US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:28	3.2	3:54	3.7	10:05	0.4	10:54	0.4	6:53	6:37	
2	Sat	4:23	3.1	4:52	3.6	10:47	0.5	11:51	0.5	6:54	6:35	
3	Sun	5:29	3.0	5:57	3.6	11:44	0.6			6:55	6:33	
4	Mon	6:36	3.0	7:02	3.6	1:00	0.5	1:05	0.7	6:56	6:32	
5	Tue	7:41	3.1	8:08	3.6	2:11	0.5	2:25	0.6	6:57	6:30	
6	Wed	8:48	3.2	9:16	3.6	3:14	0.3	3:34	0.4	6:58	6:28	
7	Thu	9:55	3.5	10:21	3.7	4:11	0.1	4:34	0.2	6:59	6:26	
8	Fri	10:55	3.7	11:17	3.8	5:03	-0.1	5:30	0.0	7:00	6:25	
9	Sat	11:47	4.0			5:52	-0.2	6:23	-0.1	7:01	6:23	
10	Sun	12:08	3.9	12:34	4.1	6:41	-0.3	7:14	-0.2	7:03	6:22	
11	Mon	12:56	3.9	1:19	4.2	7:28	-0.3	8:04	-0.2	7:04	6:20	
12	Tue	1:42	3.8	2:03	4.1	8:14	-0.2	8:52	-0.2	7:05	6:18	
13	Wed	2:30	3.6	2:48	4.0	8:58	-0.1	9:38	0.0	7:06	6:17	
14	Thu	3:20	3.4	3:36	3.8	9:40	0.1	10:23	0.2	7:07	6:15	
15	Fri	4:13	3.2	4:26	3.5	10:22	0.4	11:11	0.4	7:08	6:14	
16	Sat	5:08	3.0	5:20	3.4	11:06	0.6			7:09	6:12	
17	Sun	6:03	2.9	6:14	3.2	12:03	0.6	11:56 AM	0.9	7:10	6:10	
18	Mon	6:56	2.8	7:05	3.1	1:02	0.7	12:58	1.0	7:12	6:09	
19	Tue	7:47	2.8	7:56	3.0	2:02	0.8	2:04	1.0	7:13	6:07	
20	Wed	8:40	2.9	8:50	3.0	2:56	0.8	3:05	1.0	7:14	6:06	
21	Thu	9:34	3.0	9:45	3.0	3:45	0.7	3:58	0.8	7:15	6:04	
22	Fri	10:24	3.1	10:36	3.1	4:28	0.5	4:45	0.7	7:16	6:03	
23	Sat	11:08	3.3	11:20	3.2	5:09	0.4	5:31	0.5	7:17	6:02	
24	Sun	11:46	3.5	11:58	3.2	5:49	0.3	6:15	0.3	7:19	6:00	
25	Mon			12:20	3.7	6:28	0.2	6:59	0.2	7:20	5:59	
26	Tue	12:34	3.3	12:53	3.8	7:07	0.1	7:43	0.1	7:21	5:57	
27	Wed	1:10	3.3	1:27	3.9	7:48	0.1	8:27	0.0	7:22	5:56	
28	Thu	1:47	3.3	2:04	3.9	8:28	0.1	9:11	0.0	7:23	5:55	
29	Fri	2:29	3.2	2:48	3.9	9:10	0.1	9:56	0.0	7:24	5:53	
30	Sat	3:19	3.1	3:40	3.8	9:53	0.2	10:44	0.1	7:26	5:52	
31	Sun	4:20	3.1	4:42	3.7	10:42	0.3	11:39	0.2	7:27	5:51	