US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:27	3.0	5:48	3.6	11:43	0.4			7:28	5:49	
2	Tue	6:32	3.1	6:52	3.5	12:42	0.2	12:59	0.5	7:29	5:48	
3	Wed	7:34	3.2	7:54	3.4	1:48	0.2	2:14	0.5	7:31	5:47	
4	Thu	8:35	3.3	8:58	3.4	2:50	0.1	3:21	0.3	7:32	5:46	
5	Fri	9:38	3.5	10:01	3.4	3:47	0.0	4:20	0.2	7:33	5:45	
6	Sat	10:36	3.7	10:59	3.5	4:39	-0.1	5:15	0.0	7:34	5:44	
7	Sun	10:28	3.9	10:50	3.5	4:28	-0.2	5:07	-0.1	6:35	4:42	
8	Mon	11:14	4.0	11:38	3.5	5:16	-0.2	5:57	-0.2	6:37	4:41	
9	Tue	11:57	4.0			6:03	-0.2	6:46	-0.2	6:38	4:40	
10	Wed	12:23	3.4	12:39	3.9	6:48	-0.1	7:32	-0.2	6:39	4:39	
11	Thu	1:09	3.3	1:21	3.8	7:32	0.0	8:16	-0.1	6:40	4:38	
12	Fri	1:56	3.2	2:05	3.6	8:14	0.2	8:59	0.0	6:41	4:37	
13	Sat	2:46	3.0	2:51	3.4	8:54	0.3	9:42	0.2	6:43	4:36	
14	Sun	3:38	2.9	3:41	3.2	9:34	0.5	10:26	0.4	6:44	4:36	
15	Mon	4:31	2.8	4:32	3.1	10:17	0.7	11:16	0.5	6:45	4:35	
16	Tue	5:22	2.7	5:22	2.9	11:10	0.9			6:46	4:34	
17	Wed	6:10	2.7	6:09	2.8	12:10	0.6	12:15	1.0	6:48	4:33	
18	Thu	6:58	2.8	6:56	2.7	1:05	0.6	1:21	0.9	6:49	4:32	
19	Fri	7:46	2.9	7:48	2.7	1:55	0.6	2:19	0.8	6:50	4:32	
20	Sat	8:36	3.0	8:44	2.7	2:42	0.5	3:11	0.6	6:51	4:31	
21	Sun	9:24	3.2	9:37	2.8	3:26	0.4	3:59	0.4	6:52	4:30	
22	Mon	10:07	3.4	10:24	2.9	4:08	0.3	4:46	0.2	6:53	4:30	
23	Tue	10:46	3.6	11:06	3.0	4:51	0.1	5:33	0.0	6:55	4:29	
24	Wed	11:25	3.8	11:48	3.1	5:34	0.0	6:20	-0.2	6:56	4:28	
25	Thu			12:05	3.9	6:20	-0.1	7:08	-0.3	6:57	4:28	
26	Fri	12:31	3.1	12:48	4.0	7:08	-0.1	7:55	-0.4	6:58	4:27	
27	Sat	1:19	3.1	1:37	3.9	7:56	-0.2	8:42	-0.4	6:59	4:27	
28	Sun	2:13	3.1	2:32	3.8	8:45	-0.1	9:30	-0.3	7:00	4:27	
29	Mon	3:14	3.1	3:34	3.7	9:37	0.0	10:23	-0.3	7:01	4:26	
30	Tue	4:19	3.1	4:37	3.5	10:36	0.1	11:20	-0.2	7:02	4:26	