US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:53	3.2	7:14	2.9	12:55	-0.2	1:42	0.1	7:22	4:36	
2	Sun	7:51	3.2	8:16	2.7	1:55	-0.1	2:44	0.1	7:22	4:37	
3	Mon	8:52	3.2	9:19	2.7	2:51	-0.1	3:40	0.0	7:22	4:37	
4	Tue	9:49	3.2	10:15	2.7	3:44	-0.1	4:32	-0.1	7:22	4:38	
5	Wed	10:39	3.3	11:04	2.8	4:33	-0.1	5:20	-0.2	7:22	4:39	
6	Thu	11:23	3.3	11:49	2.8	5:20	-0.1	6:07	-0.2	7:22	4:40	
7	Fri			12:03	3.3	6:05	-0.1	6:50	-0.3	7:22	4:41	
8	Sat	12:31	2.9	12:42	3.3	6:48	-0.1	7:31	-0.3	7:22	4:42	
9	Sun	1:12	2.9	1:19	3.2	7:29	-0.1	8:09	-0.3	7:22	4:43	
10	Mon	1:53	2.8	1:56	3.1	8:08	0.0	8:45	-0.2	7:21	4:44	
11	Tue	2:35	2.8	2:32	3.0	8:44	0.1	9:18	-0.1	7:21	4:45	
12	Wed	3:17	2.7	3:07	2.8	9:19	0.2	9:50	0.0	7:21	4:47	
13	Thu	3:58	2.7	3:43	2.7	9:54	0.3	10:20	0.1	7:20	4:48	
14	Fri	4:37	2.7	4:22	2.6	10:33	0.4	10:53	0.2	7:20	4:49	
15	Sat	5:15	2.7	5:06	2.5	11:27	0.5	11:38	0.3	7:19	4:50	
16	Sun	5:56	2.7	5:56	2.4			12:41	0.5	7:19	4:51	
17	Mon	6:42	2.8	6:53	2.4	12:44	0.3	1:53	0.4	7:18	4:52	
18	Tue	7:40	2.9	8:03	2.4	1:54	0.3	2:55	0.3	7:18	4:53	
19	Wed	8:46	3.1	9:17	2.5	2:57	0.1	3:52	0.0	7:17	4:55	
20	Thu	9:49	3.4	10:19	2.8	3:54	-0.1	4:45	-0.3	7:17	4:56	
21	Fri	10:44	3.6	11:12	3.0	4:49	-0.3	5:37	-0.5	7:16	4:57	
22	Sat	11:35	3.8			5:44	-0.5	6:28	-0.8	7:15	4:58	
23	Sun	12:03	3.2	12:25	3.9	6:38	-0.7	7:17	-0.9	7:15	5:00	
24	Mon	12:53	3.4	1:16	3.9	7:31	-0.8	8:05	-1.0	7:14	5:01	
25	Tue	1:46	3.5	2:09	3.8	8:22	-0.8	8:52	-1.0	7:13	5:02	
26	Wed	2:41	3.5	3:04	3.6	9:13	-0.7	9:39	-0.8	7:12	5:03	
27	Thu	3:38	3.4	4:01	3.4	10:06	-0.5	10:29	-0.6	7:11	5:05	
28	Fri	4:35	3.3	4:58	3.1	11:04	-0.2	11:24	-0.4	7:11	5:06	
29	Sat	5:31	3.2	5:54	2.9			12:09	0.0	7:10	5:07	
30	Sun	6:25	3.1	6:51	2.7	12:24	-0.1	1:16	0.1	7:09	5:08	
31	Mon	7:22	3.0	7:51	2.6	1:26	0.0	2:20	0.1	7:08	5:10	