US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:51	2.9	7:26	2.5	12:55	0.3	1:51	0.3	6:29	5:46	
2	Wed	7:51	2.8	8:27	2.5	1:57	0.4	2:50	0.3	6:28	5:47	
3	Thu	8:54	2.8	9:27	2.6	2:55	0.4	3:42	0.2	6:26	5:48	
4	Fri	9:51	2.9	10:19	2.7	3:47	0.3	4:28	0.1	6:24	5:49	
5	Sat	10:39	3.0	11:03	2.9	4:34	0.2	5:11	0.0	6:23	5:50	
6	Sun	11:19	3.1	11:42	3.1	5:19	0.1	5:52	-0.1	6:21	5:52	
7	Mon	11:57	3.1			6:02	0.0	6:31	-0.1	6:19	5:53	
8	Tue	12:19	3.2	12:31	3.1	6:43	-0.1	7:08	-0.2	6:18	5:54	
9	Wed	12:53	3.2	1:04	3.1	7:23	-0.1	7:42	-0.2	6:16	5:55	
10	Thu	1:25	3.2	1:34	3.0	8:00	-0.1	8:14	-0.1	6:14	5:56	
11	Fri	1:55	3.2	2:04	2.9	8:35	-0.1	8:43	0.0	6:13	5:57	
12	Sat	2:23	3.2	2:36	2.8	9:09	0.0	9:11	0.1	6:11	5:59	
13	Sun	3:56	3.1	4:15	2.7	10:44	0.1	10:41	0.2	7:09	7:00	
14	Mon	4:39	3.1	5:05	2.6	11:27	0.2	11:20	0.3	7:08	7:01	
15	Tue	5:31	3.1	6:04	2.6			12:28	0.3	7:06	7:02	
16	Wed	6:31	3.1	7:07	2.6	12:19	0.4	1:46	0.3	7:04	7:03	
17	Thu	7:36	3.1	8:16	2.7	1:51	0.4	2:58	0.2	7:03	7:04	
18	Fri	8:48	3.2	9:30	2.9	3:12	0.3	4:00	0.0	7:01	7:05	
19	Sat	10:03	3.3	10:39	3.2	4:18	0.0	4:56	-0.2	6:59	7:06	
20	Sun	11:07	3.5	11:36	3.5	5:17	-0.2	5:48	-0.5	6:58	7:08	
21	Mon			12:01	3.7	6:13	-0.5	6:39	-0.7	6:56	7:09	
22	Tue	12:27	3.8	12:52	3.8	7:07	-0.7	7:29	-0.8	6:54	7:10	
23	Wed	1:15	3.9	1:41	3.8	7:59	-0.8	8:17	-0.8	6:52	7:11	
24	Thu	2:03	4.0	2:31	3.7	8:50	-0.8	9:04	-0.7	6:51	7:12	
25	Fri	2:52	3.9	3:23	3.5	9:38	-0.7	9:49	-0.5	6:49	7:13	
26	Sat	3:43	3.7	4:18	3.3	10:26	-0.5	10:34	-0.2	6:47	7:14	
27	Sun	4:36	3.5	5:14	3.1	11:17	-0.2	11:22	0.1	6:46	7:15	
28	Mon	5:31	3.3	6:10	2.9			12:12	0.1	6:44	7:16	
29	Tue	6:25	3.1	7:04	2.8	12:17	0.4	1:14	0.3	6:42	7:17	
30	Wed	7:19	2.9	7:58	2.7	1:20	0.6	2:16	0.4	6:41	7:19	
31	Thu	8:15	2.8	8:55	2.7	2:25	0.7	3:14	0.4	6:39	7:20	