US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:14**	2.8	**9:53**	2.7	**3:25**	0.6	**4:06**	0.4	6:37	7:21	
2	Sat	**10:13**	2.8	**10:46**	2.9	**4:18**	0.5	**4:52**	0.3	6:36	7:22	
3	Sun	**11:05**	2.9	**11:31**	3.1	**5:06**	0.4	**5:34**	0.2	6:34	7:23	
4	Mon	**11:48**	3.0			**5:51**	0.3	**6:14**	0.1	6:32	7:24	
5	Tue	**12:11**	3.2	**12:27**	3.1	**6:34**	0.1	**6:53**	0.1	6:30	7:25	
6	Wed	**12:47**	3.4	**1:02**	3.1	**7:17**	0.0	**7:32**	0.0	6:29	7:26	
7	Thu	**1:20**	3.4	**1:36**	3.1	**7:58**	-0.1	**8:08**	0.0	6:27	7:27	
8	Fri	**1:50**	3.5	**2:08**	3.0	**8:37**	-0.1	**8:44**	0.0	6:26	7:28	
9	Sat	**2:19**	3.5	**2:41**	3.0	**9:15**	-0.1	**9:17**	0.1	6:24	7:30	
10	Sun	**2:51**	3.5	**3:18**	2.9	**9:53**	-0.1	**9:50**	0.2	6:22	7:31	
11	Mon	**3:29**	3.4	**4:03**	2.8	**10:33**	0.0	**10:26**	0.2	6:21	7:32	
12	Tue	**4:17**	3.4	**4:59**	2.8	**11:18**	0.1	**11:11**	0.4	6:19	7:33	
13	Wed	**5:15**	3.3	**6:00**	2.8			**12:16**	0.2	6:17	7:34	
14	Thu	**6:18**	3.3	**7:02**	2.9	**12:16**	0.5	**1:26**	0.3	6:16	7:35	
15	Fri	**7:23**	3.3	**8:06**	3.0	**1:42**	0.5	**2:33**	0.2	6:14	7:36	
16	Sat	**8:30**	3.3	**9:13**	3.2	**2:58**	0.3	**3:34**	0.0	6:13	7:37	
17	Sun	**9:41**	3.3	**10:19**	3.4	**4:03**	0.1	**4:30**	-0.2	6:11	7:38	
18	Mon	**10:46**	3.4	**11:16**	3.7	**5:02**	-0.1	**5:22**	-0.3	6:10	7:39	
19	Tue	**11:42**	3.6			**5:57**	-0.3	**6:13**	-0.5	6:08	7:40	
20	Wed	**12:07**	3.9	**12:33**	3.6	**6:50**	-0.5	**7:03**	-0.5	6:07	7:42	
21	Thu	**12:54**	4.1	**1:22**	3.6	**7:42**	-0.6	**7:52**	-0.5	6:05	7:43	
22	Fri	**1:41**	4.1	**2:12**	3.5	**8:32**	-0.6	**8:39**	-0.4	6:04	7:44	
23	Sat	**2:28**	4.0	**3:03**	3.4	**9:20**	-0.5	**9:24**	-0.2	6:02	7:45	
24	Sun	**3:16**	3.8	**3:56**	3.2	**10:06**	-0.3	**10:09**	0.0	6:01	7:46	
25	Mon	**4:07**	3.6	**4:51**	3.1	**10:53**	-0.1	**10:54**	0.3	5:59	7:47	
26	Tue	**5:00**	3.3	**5:46**	2.9	**11:43**	0.1	**11:44**	0.6	5:58	7:48	
27	Wed	**5:53**	3.1	**6:38**	2.9			**12:38**	0.4	5:56	7:49	
28	Thu	**6:45**	3.0	**7:28**	2.8	**12:42**	0.8	**1:36**	0.5	5:55	7:50	
29	Fri	**7:35**	2.8	**8:19**	2.8	**1:46**	0.9	**2:31**	0.5	5:54	7:51	
30	Sat	**8:28**	2.8	**9:12**	2.9	**2:48**	0.8	**3:23**	0.5	5:52	7:52	