US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:22	2.7	10:52	3.4	4:45	0.6	4:49	0.4	5:23	8:24	
2	Thu	11:12	2.8	11:33	3.6	5:32	0.4	5:33	0.4	5:22	8:24	
3	Fri	11:56	2.9			6:18	0.2	6:17	0.3	5:22	8:25	
4	Sat	12:11	3.7	12:37	3.0	7:05	0.0	7:02	0.2	5:22	8:26	
5	Sun	12:49	3.9	1:19	3.1	7:52	-0.1	7:50	0.1	5:21	8:26	
6	Mon	1:30	3.9	2:04	3.1	8:37	-0.2	8:37	0.1	5:21	8:27	
7	Tue	2:14	4.0	2:54	3.2	9:22	-0.3	9:24	0.1	5:21	8:28	
8	Wed	3:04	3.9	3:49	3.2	10:08	-0.3	10:13	0.1	5:21	8:28	
9	Thu	4:01	3.8	4:49	3.3	10:55	-0.3	11:07	0.2	5:20	8:29	
10	Fri	5:01	3.7	5:48	3.4	11:47	-0.2			5:20	8:29	
11	Sat	6:01	3.5	6:45	3.5	12:10	0.3	12:44	-0.1	5:20	8:30	
12	Sun	6:59	3.4	7:40	3.6	1:19	0.4	1:44	0.0	5:20	8:30	
13	Mon	7:57	3.3	8:37	3.6	2:27	0.3	2:44	0.0	5:20	8:31	
14	Tue	8:59	3.2	9:37	3.7	3:31	0.3	3:40	0.0	5:20	8:31	
15	Wed	10:03	3.1	10:36	3.8	4:29	0.1	4:34	0.0	5:20	8:32	
16	Thu	11:03	3.2	11:29	3.8	5:24	0.0	5:26	0.0	5:20	8:32	
17	Fri	11:57	3.2			6:16	-0.1	6:16	0.0	5:20	8:32	
18	Sat	12:16	3.9	12:47	3.2	7:06	-0.1	7:05	0.1	5:20	8:33	
19	Sun	1:01	3.9	1:34	3.2	7:54	-0.2	7:53	0.2	5:21	8:33	
20	Mon	1:44	3.8	2:21	3.2	8:39	-0.1	8:38	0.2	5:21	8:33	
21	Tue	2:27	3.7	3:09	3.1	9:22	-0.1	9:20	0.3	5:21	8:33	
22	Wed	3:11	3.5	3:57	3.1	10:02	0.0	10:01	0.5	5:21	8:34	
23	Thu	3:56	3.4	4:46	3.1	10:41	0.1	10:41	0.6	5:21	8:34	
24	Fri	4:42	3.2	5:33	3.0	11:20	0.3	11:25	0.8	5:22	8:34	
25	Sat	5:27	3.0	6:18	3.0			12:00	0.4	5:22	8:34	
26	Sun	6:10	2.9	7:00	3.0	12:15	0.9	12:45	0.6	5:23	8:34	
27	Mon	6:52	2.8	7:41	3.1	1:15	1.0	1:34	0.6	5:23	8:34	
28	Tue	7:35	2.7	8:24	3.1	2:17	0.9	2:25	0.6	5:23	8:34	
29	Wed	8:25	2.6	9:12	3.2	3:15	0.8	3:16	0.6	5:24	8:34	
30	Thu	9:26	2.7	10:04	3.4	4:09	0.7	4:06	0.5	5:24	8:34	