US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:28	2.7	10:54	3.6	4:59	0.5	4:55	0.4	5:25	8:34	
2	Sat	11:22	2.9	11:41	3.8	5:49	0.2	5:45	0.3	5:25	8:34	
3	Sun			12:10	3.1	6:38	0.0	6:36	0.2	5:26	8:33	
4	Mon	12:26	4.0	12:57	3.2	7:27	-0.2	7:28	0.0	5:27	8:33	
5	Tue	1:12	4.1	1:46	3.3	8:16	-0.3	8:20	-0.1	5:27	8:33	
6	Wed	2:01	4.1	2:38	3.5	9:03	-0.4	9:11	-0.1	5:28	8:33	
7	Thu	2:53	4.1	3:33	3.5	9:49	-0.5	10:02	-0.1	5:28	8:32	
8	Fri	3:49	3.9	4:32	3.6	10:35	-0.4	10:56	0.0	5:29	8:32	
9	Sat	4:48	3.8	5:30	3.7	11:25	-0.3	11:55	0.2	5:30	8:31	
10	Sun	5:47	3.6	6:27	3.7			12:20	-0.2	5:31	8:31	
11	Mon	6:44	3.4	7:21	3.7	1:01	0.3	1:19	0.0	5:31	8:31	
12	Tue	7:40	3.2	8:17	3.6	2:08	0.4	2:19	0.1	5:32	8:30	
13	Wed	8:40	3.1	9:16	3.6	3:12	0.3	3:18	0.2	5:33	8:29	
14	Thu	9:44	3.0	10:16	3.6	4:11	0.3	4:13	0.2	5:34	8:29	
15	Fri	10:46	3.0	11:11	3.7	5:06	0.2	5:06	0.2	5:34	8:28	
16	Sat	11:40	3.1	11:59	3.7	5:57	0.1	5:56	0.3	5:35	8:28	
17	Sun			12:29	3.2	6:45	0.1	6:44	0.3	5:36	8:27	
18	Mon	12:43	3.7	1:13	3.2	7:31	0.0	7:30	0.3	5:37	8:26	
19	Tue	1:24	3.7	1:57	3.2	8:15	0.0	8:15	0.3	5:38	8:26	
20	Wed	2:04	3.6	2:40	3.2	8:55	0.0	8:56	0.4	5:39	8:25	
21	Thu	2:43	3.5	3:24	3.2	9:32	0.1	9:35	0.4	5:40	8:24	
22	Fri	3:22	3.4	4:08	3.2	10:07	0.2	10:13	0.5	5:40	8:23	
23	Sat	4:02	3.2	4:51	3.1	10:40	0.3	10:51	0.7	5:41	8:22	
24	Sun	4:42	3.1	5:33	3.1	11:13	0.4	11:31	0.8	5:42	8:21	
25	Mon	5:22	2.9	6:12	3.1	11:45	0.5			5:43	8:20	
26	Tue	6:03	2.8	6:50	3.1	12:22	0.9	12:24	0.7	5:44	8:20	
27	Wed	6:47	2.7	7:31	3.2	1:27	0.9	1:18	0.7	5:45	8:19	
28	Thu	7:36	2.7	8:18	3.3	2:33	0.9	2:24	0.7	5:46	8:18	
29	Fri	8:37	2.7	9:17	3.4	3:33	0.7	3:27	0.6	5:47	8:16	
30	Sat	9:47	2.8	10:19	3.6	4:29	0.5	4:25	0.5	5:48	8:15	
31	Sun	10:52	3.0	11:15	3.9	5:21	0.3	5:20	0.3	5:49	8:14	