US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:09	4.1	1:33	4.3	7:48	-0.5	8:22	-0.4	6:53	6:37	
2	Sun	1:59	4.0	2:23	4.3	8:36	-0.5	9:13	-0.4	6:54	6:35	
3	Mon	2:52	3.9	3:16	4.2	9:24	-0.3	10:03	-0.2	6:55	6:34	
4	Tue	3:49	3.7	4:11	4.0	10:11	-0.1	10:55	0.0	6:56	6:32	
5	Wed	4:48	3.4	5:10	3.7	11:01	0.2	11:51	0.3	6:57	6:30	
6	Thu	5:48	3.3	6:08	3.5	11:56	0.5			6:58	6:29	
7	Fri	6:46	3.1	7:04	3.4	12:53	0.5	12:59	0.7	6:59	6:27	
8	Sat	7:41	3.0	7:59	3.3	1:57	0.6	2:04	0.8	7:00	6:25	
9	Sun	8:37	3.0	8:56	3.2	2:56	0.6	3:05	0.8	7:01	6:24	
10	Mon	9:33	3.1	9:52	3.2	3:49	0.6	3:59	0.8	7:02	6:22	
11	Tue	10:26	3.2	10:44	3.2	4:35	0.5	4:48	0.6	7:03	6:20	
12	Wed	11:12	3.3	11:28	3.3	5:17	0.4	5:33	0.5	7:04	6:19	
13	Thu	11:53	3.5			5:56	0.3	6:16	0.4	7:06	6:17	
14	Fri	12:08	3.3	12:30	3.6	6:35	0.3	6:58	0.3	7:07	6:16	
15	Sat	12:44	3.3	1:05	3.7	7:13	0.2	7:40	0.3	7:08	6:14	
16	Sun	1:18	3.3	1:36	3.7	7:50	0.3	8:20	0.2	7:09	6:12	
17	Mon	1:50	3.2	2:06	3.7	8:26	0.3	8:59	0.2	7:10	6:11	
18	Tue	2:22	3.1	2:35	3.6	8:59	0.4	9:37	0.3	7:11	6:09	
19	Wed	2:55	3.0	3:08	3.6	9:32	0.4	10:15	0.3	7:12	6:08	
20	Thu	3:35	2.9	3:51	3.5	10:05	0.5	10:57	0.4	7:14	6:06	
21	Fri	4:27	2.9	4:46	3.5	10:44	0.6	11:49	0.5	7:15	6:05	
22	Sat	5:30	2.9	5:49	3.4	11:38	0.7			7:16	6:03	
23	Sun	6:34	2.9	6:52	3.4	12:55	0.5	12:59	0.7	7:17	6:02	
24	Mon	7:35	3.1	7:56	3.4	2:03	0.5	2:22	0.6	7:18	6:00	
25	Tue	8:39	3.3	9:03	3.5	3:05	0.3	3:31	0.4	7:19	5:59	
26	Wed	9:44	3.5	10:09	3.6	4:01	0.1	4:31	0.2	7:21	5:58	
27	Thu	10:44	3.8	11:08	3.7	4:53	-0.2	5:27	-0.1	7:22	5:56	
28	Fri	11:37	4.1			5:43	-0.3	6:20	-0.3	7:23	5:55	
29	Sat	12:01	3.8	12:26	4.2	6:33	-0.4	7:13	-0.4	7:24	5:54	
30	Sun	12:52	3.8	1:14	4.3	7:23	-0.5	8:05	-0.4	7:25	5:52	
31	Mon	1:42	3.8	2:01	4.2	8:13	-0.4	8:55	-0.4	7:27	5:51	