US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:07	3.2	2:19	3.6	8:25	-0.1	9:09	-0.2	7:03	4:26	
2	Fri	3:00	3.1	3:09	3.4	9:10	0.1	9:54	-0.1	7:04	4:25	
3	Sat	3:54	2.9	4:02	3.2	9:55	0.3	10:41	0.1	7:05	4:25	
4	Sun	4:47	2.9	4:53	3.0	10:44	0.5	11:32	0.3	7:06	4:25	
5	Mon	5:36	2.8	5:42	2.8	11:42	0.7			7:07	4:25	
6	Tue	6:24	2.8	6:29	2.7	12:25	0.4	12:45	0.8	7:08	4:25	
7	Wed	7:12	2.8	7:19	2.6	1:18	0.5	1:46	0.7	7:09	4:25	
8	Thu	8:02	2.9	8:14	2.5	2:08	0.5	2:41	0.6	7:10	4:25	
9	Fri	8:54	3.0	9:10	2.6	2:55	0.4	3:31	0.5	7:11	4:25	
10	Sat	9:42	3.1	10:01	2.6	3:39	0.3	4:17	0.3	7:12	4:25	
11	Sun	10:25	3.3	10:46	2.7	4:21	0.2	5:03	0.1	7:12	4:25	
12	Mon	11:03	3.4	11:26	2.8	5:04	0.1	5:48	0.0	7:13	4:25	
13	Tue	11:40	3.6			5:47	0.0	6:33	-0.2	7:14	4:25	
14	Wed	12:04	2.9	12:16	3.6	6:32	0.0	7:17	-0.3	7:15	4:25	
15	Thu	12:43	2.9	12:55	3.7	7:16	-0.1	8:00	-0.4	7:15	4:26	
16	Fri	1:25	3.0	1:38	3.7	8:00	-0.1	8:43	-0.4	7:16	4:26	
17	Sat	2:13	3.0	2:28	3.6	8:45	-0.1	9:26	-0.4	7:17	4:26	
18	Sun	3:08	3.0	3:23	3.5	9:33	-0.1	10:13	-0.3	7:17	4:27	
19	Mon	4:07	3.1	4:23	3.3	10:29	0.0	11:06	-0.2	7:18	4:27	
20	Tue	5:05	3.1	5:23	3.2	11:36	0.1			7:18	4:27	
21	Wed	6:03	3.2	6:22	3.1	12:07	-0.2	12:48	0.2	7:19	4:28	
22	Thu	7:01	3.3	7:23	3.0	1:09	-0.2	1:57	0.1	7:19	4:28	
23	Fri	8:02	3.3	8:29	2.9	2:10	-0.2	2:59	0.0	7:20	4:29	
24	Sat	9:06	3.4	9:34	2.9	3:07	-0.3	3:56	-0.2	7:20	4:30	
25	Sun	10:04	3.6	10:32	3.0	4:02	-0.3	4:50	-0.3	7:21	4:30	
26	Mon	10:56	3.6	11:23	3.1	4:54	-0.4	5:42	-0.4	7:21	4:31	
27	Tue	11:43	3.7			5:44	-0.4	6:32	-0.5	7:21	4:32	
28	Wed	12:11	3.1	12:27	3.6	6:33	-0.3	7:19	-0.5	7:22	4:32	
29	Thu	12:58	3.1	1:11	3.5	7:20	-0.3	8:02	-0.5	7:22	4:33	
30	Fri	1:45	3.0	1:55	3.4	8:04	-0.2	8:44	-0.4	7:22	4:34	
31	Sat	2:32	3.0	2:39	3.2	8:45	0.0	9:23	-0.2	7:22	4:35	