US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:04	3.4	11:23	3.5	5:12	0.2	5:25	0.4	6:52	6:37	
2	Mon	11:49	3.5			5:56	0.2	6:11	0.3	6:53	6:36	
3	Tue	12:06	3.5	12:29	3.7	6:37	0.2	6:55	0.3	6:54	6:34	
4	Wed	12:45	3.5	1:07	3.7	7:17	0.2	7:38	0.2	6:55	6:32	
5	Thu	1:22	3.5	1:43	3.7	7:55	0.2	8:19	0.2	6:57	6:31	
6	Fri	1:58	3.4	2:18	3.7	8:31	0.3	8:57	0.3	6:58	6:29	
7	Sat	2:34	3.3	2:52	3.6	9:05	0.4	9:35	0.4	6:59	6:27	
8	Sun	3:10	3.1	3:26	3.5	9:37	0.5	10:11	0.5	7:00	6:26	
9	Mon	3:47	3.0	4:00	3.3	10:06	0.6	10:47	0.6	7:01	6:24	
10	Tue	4:29	2.8	4:40	3.3	10:34	0.7	11:29	0.7	7:02	6:22	
11	Wed	5:18	2.8	5:28	3.2	11:09	0.9			7:03	6:21	
12	Thu	6:11	2.7	6:22	3.2	12:24	0.8	12:02	1.0	7:04	6:19	
13	Fri	7:05	2.8	7:19	3.2	1:33	0.8	1:31	1.0	7:05	6:18	
14	Sat	8:01	2.9	8:20	3.3	2:37	0.7	2:50	0.8	7:06	6:16	
15	Sun	9:03	3.1	9:26	3.4	3:33	0.5	3:53	0.6	7:08	6:14	
16	Mon	10:05	3.4	10:29	3.6	4:25	0.2	4:49	0.3	7:09	6:13	
17	Tue	11:00	3.7	11:24	3.8	5:14	0.0	5:43	0.0	7:10	6:11	
18	Wed	11:50	4.0			6:03	-0.2	6:36	-0.2	7:11	6:10	
19	Thu	12:15	3.9	12:38	4.3	6:52	-0.4	7:30	-0.4	7:12	6:08	
20	Fri	1:04	4.0	1:26	4.4	7:42	-0.5	8:22	-0.5	7:13	6:07	
21	Sat	1:55	3.9	2:16	4.3	8:32	-0.5	9:13	-0.5	7:14	6:05	
22	Sun	2:50	3.8	3:11	4.2	9:21	-0.4	10:05	-0.3	7:16	6:04	
23	Mon	3:49	3.6	4:10	4.0	10:11	-0.2	10:58	-0.1	7:17	6:02	
24	Tue	4:52	3.4	5:12	3.8	11:05	0.1	11:57	0.1	7:18	6:01	
25	Wed	5:55	3.3	6:13	3.6			12:05	0.4	7:19	5:59	
26	Thu	6:54	3.2	7:11	3.4	1:00	0.2	1:11	0.6	7:20	5:58	
27	Fri	7:51	3.2	8:08	3.3	2:03	0.3	2:18	0.6	7:22	5:57	
28	Sat	8:47	3.2	9:06	3.2	3:02	0.4	3:19	0.6	7:23	5:55	
29	Sun	9:44	3.2	10:03	3.1	3:54	0.3	4:13	0.5	7:24	5:54	
30	Mon	10:36	3.3	10:54	3.2	4:41	0.3	5:02	0.4	7:25	5:53	
31	Tue	11:21	3.5	11:38	3.2	5:23	0.2	5:47	0.3	7:26	5:51	