US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:01	3.6	6:04	0.2	6:30	0.2	7:27	5:50	
2	Thu	12:19	3.2	12:39	3.7	6:43	0.2	7:13	0.2	7:29	5:49	
3	Fri	12:56	3.2	1:14	3.7	7:22	0.2	7:54	0.1	7:30	5:48	
4	Sat	1:32	3.2	1:47	3.6	7:59	0.2	8:34	0.1	7:31	5:46	
5	Sun	1:08	3.1	1:19	3.6	7:36	0.3	8:12	0.2	6:32	4:45	
6	Mon	1:43	3.0	1:50	3.5	8:10	0.4	8:49	0.2	6:34	4:44	
7	Tue	2:19	2.9	2:22	3.4	8:41	0.5	9:25	0.3	6:35	4:43	
8	Wed	2:59	2.8	3:01	3.3	9:13	0.6	10:05	0.4	6:36	4:42	
9	Thu	3:47	2.7	3:51	3.2	9:49	0.7	10:52	0.5	6:37	4:41	
10	Fri	4:42	2.7	4:49	3.2	10:40	0.8	11:52	0.5	6:38	4:40	
11	Sat	5:37	2.8	5:48	3.2			12:00	0.8	6:40	4:39	
12	Sun	6:32	3.0	6:49	3.2	12:57	0.4	1:23	0.7	6:41	4:38	
13	Mon	7:32	3.2	7:54	3.3	1:57	0.3	2:30	0.4	6:42	4:37	
14	Tue	8:34	3.4	9:01	3.4	2:53	0.0	3:29	0.2	6:43	4:36	
15	Wed	9:34	3.7	10:02	3.5	3:45	-0.2	4:25	-0.1	6:45	4:35	
16	Thu	10:29	4.0	10:56	3.6	4:36	-0.4	5:19	-0.4	6:46	4:34	
17	Fri	11:19	4.2	11:48	3.7	5:28	-0.5	6:13	-0.5	6:47	4:33	
18	Sat			12:09	4.3	6:20	-0.6	7:06	-0.6	6:48	4:33	
19	Sun	12:40	3.7	12:59	4.2	7:12	-0.5	7:57	-0.6	6:49	4:32	
20	Mon	1:35	3.6	1:53	4.1	8:03	-0.4	8:48	-0.5	6:50	4:31	
21	Tue	2:33	3.4	2:49	3.8	8:53	-0.2	9:38	-0.4	6:52	4:31	
22	Wed	3:33	3.3	3:48	3.6	9:44	0.0	10:31	-0.1	6:53	4:30	
23	Thu	4:33	3.2	4:47	3.4	10:39	0.3	11:28	0.1	6:54	4:29	
24	Fri	5:29	3.1	5:42	3.2	11:41	0.5			6:55	4:29	
25	Sat	6:22	3.1	6:35	3.0	12:28	0.2	12:46	0.6	6:56	4:28	
26	Sun	7:14	3.0	7:28	2.9	1:25	0.3	1:48	0.6	6:57	4:28	
27	Mon	8:07	3.1	8:24	2.8	2:17	0.3	2:43	0.5	6:58	4:27	
28	Tue	9:00	3.1	9:18	2.8	3:04	0.3	3:33	0.4	7:00	4:27	
29	Wed	9:48	3.2	10:08	2.8	3:48	0.3	4:20	0.3	7:01	4:26	
30	Thu	10:32	3.4	10:51	2.9	4:29	0.2	5:04	0.2	7:02	4:26	