US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:11	3.5	11:31	2.9	5:10	0.2	5:47	0.1	7:03	4:26	
2	Sat	11:48	3.5			5:50	0.1	6:29	0.0	7:04	4:25	
3	Sun	12:09	2.9	12:22	3.5	6:31	0.1	7:11	-0.1	7:05	4:25	
4	Mon	12:46	2.9	12:54	3.5	7:10	0.1	7:50	-0.1	7:06	4:25	
5	Tue	1:21	2.8	1:26	3.4	7:48	0.2	8:29	-0.1	7:07	4:25	
6	Wed	1:57	2.8	2:00	3.4	8:24	0.2	9:06	0.0	7:08	4:25	
7	Thu	2:37	2.7	2:40	3.3	9:00	0.3	9:44	0.0	7:09	4:25	
8	Fri	3:24	2.7	3:29	3.2	9:39	0.3	10:27	0.1	7:10	4:25	
9	Sat	4:17	2.8	4:26	3.1	10:29	0.4	11:18	0.1	7:10	4:25	
10	Sun	5:12	2.9	5:25	3.1	11:40	0.5			7:11	4:25	
11	Mon	6:07	3.0	6:24	3.0	12:20	0.1	12:59	0.4	7:12	4:25	
12	Tue	7:05	3.2	7:28	3.0	1:23	0.0	2:09	0.2	7:13	4:25	
13	Wed	8:08	3.4	8:37	3.0	2:23	-0.1	3:11	0.0	7:14	4:25	
14	Thu	9:12	3.6	9:43	3.1	3:20	-0.3	4:09	-0.2	7:14	4:25	
15	Fri	10:11	3.8	10:41	3.3	4:15	-0.4	5:04	-0.4	7:15	4:26	
16	Sat	11:05	4.0	11:35	3.4	5:08	-0.5	5:58	-0.6	7:16	4:26	
17	Sun	11:55	4.0			6:02	-0.6	6:50	-0.7	7:17	4:26	
18	Mon	12:27	3.4	12:45	4.0	6:55	-0.6	7:41	-0.7	7:17	4:27	
19	Tue	1:20	3.4	1:36	3.8	7:45	-0.5	8:29	-0.7	7:18	4:27	
20	Wed	2:14	3.3	2:28	3.6	8:34	-0.4	9:15	-0.5	7:18	4:27	
21	Thu	3:09	3.2	3:22	3.4	9:22	-0.2	10:03	-0.3	7:19	4:28	
22	Fri	4:04	3.1	4:15	3.2	10:11	0.1	10:52	-0.1	7:19	4:28	
23	Sat	4:57	3.0	5:07	3.0	11:05	0.3	11:44	0.1	7:20	4:29	
24	Sun	5:47	2.9	5:57	2.8			12:05	0.5	7:20	4:29	
25	Mon	6:35	2.9	6:46	2.6	12:38	0.2	1:07	0.6	7:21	4:30	
26	Tue	7:25	2.8	7:39	2.5	1:32	0.3	2:06	0.5	7:21	4:31	
27	Wed	8:17	2.9	8:37	2.4	2:22	0.3	3:00	0.4	7:21	4:31	
28	Thu	9:11	2.9	9:33	2.5	3:10	0.3	3:49	0.3	7:21	4:32	
29	Fri	10:00	3.1	10:23	2.5	3:55	0.2	4:35	0.2	7:22	4:33	
30	Sat	10:43	3.2	11:06	2.6	4:38	0.2	5:20	0.0	7:22	4:34	
31	Sun	11:22	3.3	11:46	2.7	5:21	0.1	6:04	-0.1	7:22	4:34	