US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 2052

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:07	3.3	12:27	3.6	6:48	-0.5	7:14	-0.6	6:28	5:46	
2	Sat	12:47	3.5	1:11	3.6	7:35	-0.6	7:57	-0.7	6:27	5:48	
3	Sun	1:31	3.6	1:58	3.5	8:21	-0.6	8:39	-0.7	6:25	5:49	
4	Mon	2:19	3.6	2:50	3.4	9:08	-0.6	9:23	-0.6	6:23	5:50	
5	Tue	3:12	3.6	3:47	3.2	9:59	-0.4	10:11	-0.4	6:22	5:51	
6	Wed	4:10	3.5	4:47	3.1	10:58	-0.2	11:08	-0.2	6:20	5:52	
7	Thu	5:11	3.4	5:48	3.0			12:05	0.0	6:19	5:53	
8	Fri	6:12	3.2	6:51	2.9	12:16	0.0	1:15	0.0	6:17	5:55	
9	Sat	7:17	3.2	7:57	2.8	1:27	0.1	2:21	0.0	6:15	5:56	
10	Sun	9:26	3.1	10:04	2.9	3:33	0.1	4:20	-0.1	7:14	6:57	
11	Mon	10:32	3.2	11:04	3.1	4:32	0.0	5:14	-0.2	7:12	6:58	
12	Tue	11:28	3.3	11:55	3.2	5:27	-0.1	6:03	-0.3	7:10	6:59	
13	Wed			12:15	3.3	6:17	-0.2	6:50	-0.4	7:09	7:00	
14	Thu	12:39	3.3	12:58	3.4	7:05	-0.3	7:33	-0.4	7:07	7:01	
15	Fri	1:21	3.4	1:38	3.4	7:50	-0.3	8:14	-0.3	7:05	7:02	
16	Sat	2:00	3.4	2:17	3.3	8:32	-0.3	8:52	-0.3	7:04	7:04	
17	Sun	2:39	3.4	2:57	3.1	9:12	-0.2	9:28	-0.1	7:02	7:05	
18	Mon	3:18	3.3	3:37	3.0	9:49	-0.1	10:01	0.0	7:00	7:06	
19	Tue	3:57	3.2	4:19	2.8	10:26	0.0	10:32	0.2	6:58	7:07	
20	Wed	4:37	3.0	5:03	2.7	11:03	0.2	11:02	0.4	6:57	7:08	
21	Thu	5:18	2.9	5:48	2.5	11:44	0.4	11:35	0.6	6:55	7:09	
22	Fri	6:01	2.8	6:34	2.4			12:39	0.6	6:53	7:10	
23	Sat	6:46	2.8	7:23	2.4	12:25	0.7	1:46	0.6	6:52	7:11	
24	Sun	7:36	2.7	8:18	2.4	1:50	0.8	2:51	0.6	6:50	7:13	
25	Mon	8:36	2.8	9:21	2.6	3:03	0.7	3:47	0.4	6:48	7:14	
26	Tue	9:43	2.9	10:21	2.8	4:02	0.5	4:38	0.2	6:46	7:15	
27	Wed	10:43	3.1	11:11	3.1	4:56	0.3	5:26	0.0	6:45	7:16	
28	Thu	11:33	3.3	11:56	3.4	5:47	0.0	6:12	-0.2	6:43	7:17	
29	Fri			12:19	3.5	6:37	-0.3	6:58	-0.4	6:41	7:18	
30	Sat	12:39	3.7	1:05	3.7	7:27	-0.5	7:45	-0.6	6:40	7:19	
31	Sun	1:23	3.9	1:52	3.7	8:17	-0.6	8:31	-0.6	6:38	7:20	