US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2052

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:22	3.8	5:10	3.4	11:08	-0.4	11:18	0.2	5:23	8:24	
2	Sun	5:22	3.6	6:07	3.4			12:03	-0.1	5:22	8:25	
3	Mon	6:18	3.4	7:01	3.3	12:18	0.4	1:00	0.0	5:22	8:25	
4	Tue	7:11	3.2	7:52	3.3	1:22	0.5	1:58	0.2	5:22	8:26	
5	Wed	8:04	3.1	8:44	3.3	2:24	0.6	2:52	0.3	5:21	8:27	
6	Thu	8:58	2.9	9:36	3.3	3:22	0.6	3:42	0.3	5:21	8:27	
7	Fri	9:55	2.8	10:27	3.4	4:15	0.5	4:28	0.4	5:21	8:28	
8	Sat	10:48	2.8	11:14	3.5	5:03	0.4	5:11	0.4	5:21	8:29	
9	Sun	11:36	2.9	11:55	3.6	5:49	0.3	5:53	0.4	5:20	8:29	
10	Mon			12:19	2.9	6:33	0.2	6:35	0.4	5:20	8:30	
11	Tue	12:34	3.6	1:00	3.0	7:17	0.2	7:17	0.4	5:20	8:30	
12	Wed	1:11	3.6	1:40	3.0	7:59	0.1	7:58	0.4	5:20	8:31	
13	Thu	1:46	3.6	2:19	2.9	8:39	0.1	8:38	0.4	5:20	8:31	
14	Fri	2:19	3.6	2:58	2.9	9:18	0.0	9:15	0.5	5:20	8:31	
15	Sat	2:52	3.5	3:38	2.9	9:55	0.1	9:51	0.5	5:20	8:32	
16	Sun	3:28	3.4	4:19	2.9	10:31	0.1	10:28	0.6	5:20	8:32	
17	Mon	4:10	3.3	5:04	3.0	11:08	0.2	11:10	0.6	5:20	8:33	
18	Tue	5:00	3.3	5:51	3.1	11:51	0.2			5:20	8:33	
19	Wed	5:54	3.2	6:40	3.2	12:07	0.7	12:43	0.2	5:21	8:33	
20	Thu	6:50	3.2	7:31	3.4	1:21	0.7	1:43	0.2	5:21	8:33	
21	Fri	7:48	3.2	8:28	3.6	2:34	0.6	2:45	0.2	5:21	8:34	
22	Sat	8:54	3.1	9:31	3.7	3:39	0.4	3:44	0.0	5:21	8:34	
23	Sun	10:04	3.2	10:35	3.9	4:39	0.1	4:41	-0.1	5:22	8:34	
24	Mon	11:09	3.3	11:33	4.1	5:35	-0.1	5:37	-0.2	5:22	8:34	
25	Tue			12:07	3.5	6:31	-0.3	6:33	-0.3	5:22	8:34	
26	Wed	12:26	4.2	1:02	3.6	7:25	-0.5	7:28	-0.3	5:23	8:34	
27	Thu	1:18	4.3	1:57	3.6	8:18	-0.6	8:23	-0.3	5:23	8:34	
28	Fri	2:11	4.2	2:52	3.6	9:08	-0.6	9:14	-0.2	5:24	8:34	
29	Sat	3:05	4.0	3:49	3.5	9:56	-0.5	10:04	0.0	5:24	8:34	
30	Sun	4:00	3.8	4:46	3.5	10:44	-0.3	10:55	0.2	5:25	8:34	