US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 2052

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:06	3.1	6:42	3.3	12:10	0.6	12:32	0.5	5:51	8:13	
2	Fri	6:54	2.9	7:28	3.3	1:08	0.8	1:24	0.6	5:52	8:11	
3	Sat	7:43	2.8	8:16	3.2	2:08	0.9	2:18	0.7	5:53	8:10	
4	Sun	8:35	2.7	9:08	3.2	3:05	0.8	3:11	0.8	5:54	8:09	
5	Mon	9:34	2.7	10:02	3.3	3:58	0.8	4:01	0.7	5:55	8:08	
6	Tue	10:31	2.7	10:53	3.4	4:47	0.6	4:49	0.7	5:56	8:07	
7	Wed	11:22	2.9	11:38	3.5	5:33	0.5	5:35	0.6	5:57	8:05	
8	Thu			12:05	3.0	6:17	0.3	6:20	0.5	5:58	8:04	
9	Fri	12:17	3.6	12:44	3.2	7:00	0.2	7:05	0.4	5:59	8:03	
10	Sat	12:54	3.7	1:21	3.3	7:42	0.1	7:50	0.3	6:00	8:01	
11	Sun	1:30	3.8	1:57	3.4	8:23	0.0	8:33	0.2	6:01	8:00	
12	Mon	2:06	3.8	2:34	3.5	9:02	-0.1	9:16	0.2	6:02	7:59	
13	Tue	2:47	3.7	3:16	3.5	9:40	-0.1	9:59	0.2	6:03	7:57	
14	Wed	3:33	3.6	4:04	3.6	10:19	-0.1	10:46	0.3	6:04	7:56	
15	Thu	4:25	3.5	4:58	3.6	11:01	0.0	11:40	0.4	6:05	7:54	
16	Fri	5:23	3.4	5:55	3.7	11:51	0.1			6:06	7:53	
17	Sat	6:23	3.3	6:53	3.7	12:47	0.5	12:53	0.2	6:07	7:51	
18	Sun	7:24	3.2	7:54	3.7	1:58	0.5	2:03	0.3	6:08	7:50	
19	Mon	8:29	3.2	9:00	3.7	3:05	0.4	3:10	0.3	6:09	7:48	
20	Tue	9:39	3.2	10:08	3.8	4:07	0.3	4:12	0.2	6:10	7:47	
21	Wed	10:44	3.4	11:09	3.9	5:03	0.1	5:10	0.1	6:11	7:45	
22	Thu	11:42	3.5			5:56	-0.1	6:04	0.0	6:12	7:44	
23	Fri	12:02	4.0	12:33	3.7	6:47	-0.2	6:57	0.0	6:13	7:42	
24	Sat	12:50	4.0	1:20	3.8	7:35	-0.3	7:47	-0.1	6:14	7:41	
25	Sun	1:35	4.0	2:06	3.8	8:21	-0.3	8:34	0.0	6:15	7:39	
26	Mon	2:20	3.8	2:52	3.7	9:04	-0.2	9:19	0.1	6:16	7:38	
27	Tue	3:05	3.7	3:38	3.6	9:44	0.0	10:02	0.2	6:17	7:36	
28	Wed	3:52	3.5	4:25	3.5	10:23	0.2	10:45	0.4	6:18	7:34	
29	Thu	4:40	3.2	5:13	3.4	11:02	0.4	11:31	0.6	6:19	7:33	
30	Fri	5:30	3.1	6:00	3.3	11:42	0.6			6:20	7:31	
31	Sat	6:19	2.9	6:47	3.2	12:23	0.8	12:30	0.8	6:21	7:29	