US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2052

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:31	3.0	7:52	3.0	1:55	0.2	2:35	0.4	7:04	4:26	
2	Mon	8:31	3.3	8:59	3.1	2:49	0.1	3:33	0.2	7:05	4:25	
3	Tue	9:30	3.6	10:00	3.2	3:41	-0.1	4:27	-0.1	7:06	4:25	
4	Wed	10:24	3.9	10:54	3.4	4:32	-0.3	5:21	-0.4	7:07	4:25	
5	Thu	11:15	4.1	11:46	3.5	5:24	-0.5	6:14	-0.6	7:08	4:25	
6	Fri			12:05	4.2	6:18	-0.6	7:07	-0.7	7:08	4:25	
7	Sat	12:39	3.5	12:57	4.2	7:11	-0.6	7:58	-0.8	7:09	4:25	
8	Sun	1:35	3.5	1:52	4.0	8:03	-0.6	8:49	-0.7	7:10	4:25	
9	Mon	2:34	3.4	2:50	3.8	8:55	-0.5	9:40	-0.6	7:11	4:25	
10	Tue	3:35	3.3	3:50	3.6	9:48	-0.2	10:33	-0.4	7:12	4:25	
11	Wed	4:35	3.2	4:50	3.4	10:46	0.0	11:31	-0.2	7:13	4:25	
12	Thu	5:33	3.2	5:47	3.2	11:50	0.2			7:14	4:25	
13	Fri	6:27	3.1	6:41	3.0	12:31	-0.1	12:56	0.3	7:14	4:25	
14	Sat	7:21	3.1	7:37	2.8	1:29	0.0	1:58	0.4	7:15	4:26	
15	Sun	8:15	3.1	8:35	2.7	2:23	0.1	2:55	0.3	7:16	4:26	
16	Mon	9:10	3.1	9:31	2.7	3:12	0.1	3:46	0.2	7:16	4:26	
17	Tue	9:59	3.2	10:21	2.7	3:58	0.1	4:33	0.1	7:17	4:26	
18	Wed	10:43	3.3	11:05	2.8	4:41	0.1	5:18	0.0	7:18	4:27	
19	Thu	11:23	3.4	11:46	2.8	5:23	0.1	6:02	-0.1	7:18	4:27	
20	Fri			12:01	3.4	6:05	0.0	6:44	-0.1	7:19	4:28	
21	Sat	12:25	2.8	12:37	3.4	6:46	0.0	7:24	-0.2	7:19	4:28	
22	Sun	1:03	2.8	1:12	3.3	7:25	0.1	8:02	-0.2	7:20	4:29	
23	Mon	1:41	2.7	1:45	3.3	8:02	0.1	8:39	-0.2	7:20	4:29	
24	Tue	2:18	2.7	2:18	3.2	8:37	0.2	9:13	-0.1	7:20	4:30	
25	Wed	2:56	2.6	2:53	3.1	9:10	0.3	9:47	0.0	7:21	4:31	
26	Thu	3:35	2.6	3:35	3.0	9:45	0.3	10:24	0.0	7:21	4:31	
27	Fri	4:19	2.7	4:25	2.9	10:29	0.4	11:08	0.1	7:21	4:32	
28	Sat	5:07	2.8	5:19	2.8	11:34	0.5			7:22	4:33	
29	Sun	5:57	2.9	6:16	2.8	12:06	0.1	12:55	0.4	7:22	4:33	
30	Mon	6:52	3.1	7:19	2.8	1:11	0.0	2:07	0.3	7:22	4:34	
31	Tue	7:56	3.2	8:29	2.8	2:14	-0.1	3:10	0.0	7:22	4:35	