US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:13	3.5	6:19	-0.3	6:48	-0.4	6:37	7:21	
2	Wed	12:39	3.7	12:59	3.5	7:09	-0.4	7:34	-0.4	6:35	7:22	
3	Thu	1:22	3.7	1:42	3.5	7:56	-0.4	8:17	-0.4	6:33	7:23	
4	Fri	2:03	3.7	2:25	3.4	8:41	-0.4	8:57	-0.2	6:32	7:24	
5	Sat	2:45	3.6	3:09	3.2	9:23	-0.3	9:36	-0.1	6:30	7:25	
6	Sun	3:26	3.5	3:54	3.0	10:03	-0.1	10:12	0.1	6:28	7:27	
7	Mon	4:10	3.3	4:42	2.9	10:43	0.1	10:48	0.4	6:27	7:28	
8	Tue	4:55	3.1	5:31	2.7	11:25	0.3	11:26	0.6	6:25	7:29	
9	Wed	5:42	3.0	6:20	2.6			12:14	0.5	6:23	7:30	
10	Thu	6:30	2.9	7:09	2.5	12:14	0.8	1:13	0.6	6:22	7:31	
11	Fri	7:18	2.8	8:00	2.5	1:22	0.9	2:14	0.6	6:20	7:32	
12	Sat	8:11	2.8	8:55	2.6	2:31	0.9	3:11	0.6	6:19	7:33	
13	Sun	9:09	2.8	9:52	2.7	3:31	0.8	4:02	0.4	6:17	7:34	
14	Mon	10:09	2.9	10:42	2.9	4:24	0.6	4:48	0.3	6:15	7:35	
15	Tue	11:00	3.1	11:25	3.2	5:13	0.4	5:32	0.1	6:14	7:36	
16	Wed	11:45	3.2			6:00	0.1	6:16	-0.1	6:12	7:37	
17	Thu	12:04	3.5	12:26	3.4	6:47	-0.1	6:59	-0.2	6:11	7:39	
18	Fri	12:41	3.7	1:08	3.5	7:34	-0.3	7:43	-0.3	6:09	7:40	
19	Sat	1:20	3.9	1:52	3.5	8:21	-0.4	8:28	-0.4	6:08	7:41	
20	Sun	2:02	3.9	2:39	3.4	9:08	-0.5	9:13	-0.3	6:06	7:42	
21	Mon	2:50	3.9	3:33	3.4	9:55	-0.5	9:59	-0.3	6:05	7:43	
22	Tue	3:43	3.8	4:33	3.3	10:46	-0.3	10:49	-0.1	6:03	7:44	
23	Wed	4:44	3.7	5:36	3.2	11:42	-0.2	11:48	0.1	6:02	7:45	
24	Thu	5:49	3.6	6:38	3.2			12:45	0.0	6:00	7:46	
25	Fri	6:52	3.4	7:38	3.2	12:57	0.3	1:52	0.0	5:59	7:47	
26	Sat	7:54	3.3	8:40	3.2	2:09	0.3	2:55	0.0	5:57	7:48	
27	Sun	8:59	3.2	9:42	3.3	3:16	0.3	3:53	0.0	5:56	7:50	
28	Mon	10:04	3.2	10:40	3.5	4:16	0.2	4:45	-0.1	5:55	7:51	
29	Tue	11:02	3.3	11:31	3.6	5:10	0.0	5:34	-0.1	5:53	7:52	
30	Wed	11:51	3.3			6:01	-0.1	6:20	-0.1	5:52	7:53	