US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:27	2.8	9:05	2.6	2:41	0.7	3:21	0.5	6:37	7:21	
2	Thu	9:26	2.8	10:04	2.6	3:39	0.7	4:12	0.4	6:35	7:22	
3	Fri	10:24	2.9	10:56	2.8	4:30	0.6	4:58	0.3	6:34	7:23	
4	Sat	11:14	3.0	11:40	3.0	5:17	0.4	5:41	0.2	6:32	7:24	
5	Sun	11:57	3.1			6:02	0.3	6:22	0.1	6:30	7:25	
6	Mon	12:18	3.2	12:35	3.2	6:46	0.1	7:01	0.0	6:29	7:26	
7	Tue	12:52	3.3	1:11	3.2	7:28	0.0	7:40	-0.1	6:27	7:27	
8	Wed	1:23	3.4	1:45	3.3	8:09	-0.1	8:18	-0.1	6:25	7:28	
9	Thu	1:52	3.5	2:20	3.2	8:50	-0.2	8:54	-0.1	6:24	7:30	
10	Fri	2:24	3.5	2:58	3.1	9:29	-0.2	9:30	-0.1	6:22	7:31	
11	Sat	3:00	3.5	3:43	3.1	10:10	-0.1	10:07	0.0	6:21	7:32	
12	Sun	3:45	3.5	4:36	3.0	10:54	0.0	10:49	0.1	6:19	7:33	
13	Mon	4:39	3.5	5:36	2.9	11:47	0.1	11:43	0.3	6:17	7:34	
14	Tue	5:41	3.4	6:38	2.9			12:54	0.2	6:16	7:35	
15	Wed	6:46	3.3	7:40	3.0	12:56	0.4	2:05	0.2	6:14	7:36	
16	Thu	7:53	3.3	8:46	3.1	2:16	0.4	3:10	0.1	6:13	7:37	
17	Fri	9:04	3.3	9:53	3.3	3:26	0.2	4:08	-0.1	6:11	7:38	
18	Sat	10:14	3.4	10:53	3.5	4:28	0.0	5:02	-0.2	6:10	7:39	
19	Sun	11:15	3.5	11:46	3.8	5:25	-0.2	5:53	-0.4	6:08	7:40	
20	Mon			12:07	3.6	6:18	-0.3	6:43	-0.5	6:07	7:42	
21	Tue	12:34	3.9	12:56	3.6	7:10	-0.5	7:31	-0.5	6:05	7:43	
22	Wed	1:19	4.0	1:43	3.6	8:00	-0.5	8:17	-0.4	6:04	7:44	
23	Thu	2:04	4.0	2:30	3.4	8:47	-0.5	9:01	-0.2	6:02	7:45	
24	Fri	2:49	3.8	3:19	3.3	9:32	-0.4	9:43	0.0	6:01	7:46	
25	Sat	3:35	3.7	4:09	3.1	10:16	-0.2	10:24	0.2	5:59	7:47	
26	Sun	4:23	3.5	5:02	2.9	11:00	0.0	11:07	0.5	5:58	7:48	
27	Mon	5:14	3.3	5:55	2.8	11:48	0.3	11:55	0.7	5:56	7:49	
28	Tue	6:04	3.1	6:46	2.7			12:42	0.5	5:55	7:50	
29	Wed	6:54	3.0	7:35	2.7	12:54	0.9	1:40	0.6	5:54	7:51	
30	Thu	7:45	2.9	8:27	2.7	2:00	0.9	2:37	0.6	5:52	7:53	