

































Poughkeepsie, NY - May 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:39	2.8	9:21	2.8	3:01	0.9	3:28	0.5	5:51	7:54	
2	Sat	9:36	2.8	10:14	2.9	3:55	0.8	4:15	0.4	5:50	7:55	
3	Sun	10:31	2.9	11:00	3.1	4:44	0.6	4:59	0.3	5:48	7:56	
4	Mon	11:18	3.0	11:39	3.3	5:30	0.4	5:40	0.2	5:47	7:57	
5	Tue	11:59	3.1			6:15	0.2	6:22	0.1	5:46	7:58	
6	Wed	12:14	3.5	12:38	3.2	7:00	0.1	7:03	0.0	5:45	7:59	
7	Thu	12:47	3.7	1:16	3.2	7:44	-0.1	7:45	0.0	5:44	8:00	
8	Fri	1:21	3.8	1:57	3.3	8:29	-0.2	8:27	-0.1	5:42	8:01	
9	Sat	1:59	3.9	2:41	3.2	9:13	-0.3	9:10	0.0	5:41	8:02	
10	Sun	2:42	3.8	3:33	3.2	9:58	-0.2	9:54	0.0	5:40	8:03	
11	Mon	3:33	3.8	4:31	3.1	10:45	-0.2	10:42	0.1	5:39	8:04	
12	Tue	4:32	3.7	5:33	3.1	11:39	-0.1	11:40	0.3	5:38	8:05	
13	Wed	5:37	3.6	6:34	3.2			12:40	0.0	5:37	8:06	
14	Thu	6:41	3.5	7:32	3.3	12:51	0.4	1:45	0.1	5:36	8:07	
15	Fri	7:43	3.4	8:32	3.4	2:04	0.4	2:47	0.0	5:35	8:08	
16	Sat	8:47	3.3	9:34	3.5	3:12	0.3	3:45	-0.1	5:34	8:09	
17	Sun	9:53	3.3	10:33	3.7	4:13	0.1	4:38	-0.1	5:33	8:10	
18	Mon	10:54	3.3	11:26	3.8	5:08	0.0	5:28	-0.2	5:32	8:11	
19	Tue	11:47	3.4			6:01	-0.1	6:17	-0.2	5:31	8:12	
20	Wed	12:13	3.9	12:36	3.4	6:52	-0.2	7:04	-0.2	5:30	8:13	
21	Thu	12:57	4.0	1:22	3.3	7:40	-0.3	7:50	-0.1	5:30	8:14	
22	Fri	1:39	3.9	2:08	3.3	8:27	-0.3	8:34	0.0	5:29	8:15	
23	Sat	2:22	3.8	2:55	3.1	9:11	-0.2	9:16	0.2	5:28	8:16	
24	Sun	3:06	3.7	3:44	3.0	9:53	-0.1	9:56	0.4	5:27	8:17	
25	Mon	3:51	3.5	4:35	2.9	10:34	0.1	10:36	0.6	5:27	8:18	
26	Tue	4:39	3.3	5:26	2.8	11:16	0.3	11:19	0.8	5:26	8:19	
27	Wed	5:29	3.1	6:15	2.8			12:02	0.4	5:25	8:20	
28	Thu	6:16	3.0	7:01	2.8	12:10	0.9	12:53	0.5	5:25	8:20	
29	Fri	7:02	2.9	7:46	2.8	1:13	1.0	1:47	0.6	5:24	8:21	
30	Sat	7:49	2.8	8:32	2.9	2:17	1.0	2:39	0.6	5:24	8:22	
31	Sun	8:40	2.8	9:21	3.0	3:15	0.9	3:27	0.5	5:23	8:23	