US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:07	4.2	12:42	3.9	7:01	-0.3	7:13	-0.3	6:22	7:29	
2	Wed	12:58	4.3	1:33	4.1	7:52	-0.5	8:07	-0.4	6:23	7:27	
3	Thu	1:50	4.3	2:24	4.1	8:41	-0.6	8:59	-0.4	6:24	7:25	
4	Fri	2:42	4.1	3:18	4.1	9:28	-0.5	9:50	-0.3	6:25	7:24	
5	Sat	3:37	3.9	4:13	4.0	10:15	-0.3	10:41	-0.1	6:26	7:22	
6	Sun	4:34	3.7	5:10	3.9	11:03	-0.1	11:36	0.2	6:27	7:20	
7	Mon	5:32	3.5	6:05	3.7	11:56	0.2			6:28	7:18	
8	Tue	6:29	3.2	6:58	3.6	12:36	0.4	12:54	0.5	6:29	7:17	
9	Wed	7:24	3.1	7:52	3.5	1:40	0.6	1:56	0.7	6:30	7:15	
10	Thu	8:21	2.9	8:47	3.4	2:43	0.6	2:56	0.8	6:31	7:13	
11	Fri	9:20	2.9	9:45	3.4	3:40	0.6	3:51	0.8	6:32	7:12	
12	Sat	10:19	3.0	10:39	3.4	4:31	0.6	4:41	0.7	6:33	7:10	
13	Sun	11:10	3.1	11:27	3.5	5:16	0.5	5:28	0.6	6:34	7:08	
14	Mon	11:54	3.2			5:59	0.4	6:12	0.5	6:35	7:06	
15	Tue	12:08	3.6	12:33	3.4	6:40	0.3	6:55	0.4	6:36	7:05	
16	Wed	12:46	3.6	1:09	3.5	7:19	0.2	7:37	0.4	6:37	7:03	
17	Thu	1:22	3.6	1:43	3.5	7:57	0.2	8:17	0.4	6:38	7:01	
18	Fri	1:56	3.5	2:14	3.5	8:33	0.2	8:55	0.4	6:39	6:59	
19	Sat	2:28	3.4	2:43	3.5	9:06	0.2	9:32	0.4	6:40	6:58	
20	Sun	3:01	3.3	3:11	3.5	9:38	0.3	10:08	0.5	6:41	6:56	
21	Mon	3:36	3.2	3:46	3.5	10:08	0.4	10:45	0.6	6:42	6:54	
22	Tue	4:20	3.1	4:31	3.5	10:41	0.5	11:32	0.7	6:43	6:52	
23	Wed	5:14	3.0	5:25	3.5	11:22	0.6			6:44	6:51	
24	Thu	6:14	3.0	6:26	3.5	12:37	0.7	12:22	0.7	6:45	6:49	
25	Fri	7:16	3.0	7:30	3.5	1:53	0.7	1:46	0.7	6:46	6:47	
26	Sat	8:22	3.1	8:40	3.6	3:01	0.6	3:03	0.6	6:47	6:46	
27	Sun	9:32	3.3	9:52	3.7	4:01	0.3	4:08	0.3	6:48	6:44	
28	Mon	10:37	3.5	10:56	3.9	4:55	0.1	5:07	0.1	6:49	6:42	
29	Tue	11:33	3.8	11:51	4.1	5:47	-0.2	6:03	-0.1	6:50	6:40	
30	Wed			12:24	4.1	6:37	-0.4	6:57	-0.3	6:52	6:39	