US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:02	3.7	1:25	4.1	7:37	-0.3	8:11	-0.3	6:28	4:50	
2	Mon	1:51	3.5	2:13	3.9	8:22	-0.1	8:57	-0.1	6:29	4:49	
3	Tue	2:44	3.3	3:04	3.7	9:06	0.1	9:44	0.1	6:30	4:47	
4	Wed	3:40	3.1	3:57	3.5	9:50	0.4	10:33	0.3	6:31	4:46	
5	Thu	4:36	2.9	4:51	3.3	10:40	0.7	11:28	0.5	6:33	4:45	
6	Fri	5:31	2.8	5:44	3.1	11:39	0.9			6:34	4:44	
7	Sat	6:22	2.8	6:35	3.0	12:27	0.6	12:43	1.0	6:35	4:43	
8	Sun	7:14	2.8	7:27	3.0	1:24	0.6	1:45	0.9	6:36	4:42	
9	Mon	8:07	2.8	8:21	2.9	2:16	0.6	2:40	0.8	6:38	4:41	
10	Tue	9:00	3.0	9:15	3.0	3:02	0.5	3:29	0.7	6:39	4:40	
11	Wed	9:47	3.1	10:03	3.1	3:45	0.4	4:15	0.5	6:40	4:39	
12	Thu	10:28	3.3	10:45	3.1	4:25	0.2	4:59	0.3	6:41	4:38	
13	Fri	11:03	3.5	11:23	3.2	5:05	0.1	5:42	0.2	6:42	4:37	
14	Sat	11:36	3.6	11:59	3.2	5:45	0.1	6:26	0.1	6:44	4:36	
15	Sun			12:07	3.7	6:25	0.0	7:09	0.0	6:45	4:35	
16	Mon	12:35	3.2	12:39	3.8	7:06	0.0	7:52	-0.1	6:46	4:34	
17	Tue	1:15	3.2	1:17	3.8	7:46	0.0	8:35	-0.1	6:47	4:33	
18	Wed	1:59	3.1	2:01	3.7	8:27	0.0	9:19	-0.1	6:48	4:32	
19	Thu	2:53	3.0	2:55	3.6	9:12	0.1	10:08	0.0	6:50	4:32	
20	Fri	3:55	3.0	3:58	3.5	10:03	0.2	11:06	0.1	6:51	4:31	
21	Sat	4:58	3.0	5:04	3.4	11:07	0.3			6:52	4:30	
22	Sun	5:59	3.1	6:07	3.3	12:11	0.1	12:24	0.4	6:53	4:30	
23	Mon	6:59	3.2	7:11	3.3	1:15	0.1	1:36	0.3	6:54	4:29	
24	Tue	8:00	3.4	8:17	3.3	2:15	-0.1	2:41	0.2	6:55	4:29	
25	Wed	9:02	3.5	9:21	3.3	3:10	-0.2	3:39	0.0	6:57	4:28	
26	Thu	9:58	3.7	10:18	3.3	4:01	-0.3	4:34	-0.2	6:58	4:28	
27	Fri	10:48	3.9	11:09	3.4	4:51	-0.4	5:26	-0.3	6:59	4:27	
28	Sat	11:35	4.0	11:57	3.4	5:40	-0.4	6:16	-0.4	7:00	4:27	
29	Sun			12:19	4.0	6:27	-0.3	7:05	-0.4	7:01	4:26	
30	Mon	12:43	3.3	1:03	3.9	7:14	-0.2	7:51	-0.4	7:02	4:26	