



## Poughkeepsie, NY - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:14	3.0	2:30	3.0	8:44	0.0	8:58	-0.1	6:29	5:45	☀
2	Tue	2:45	2.9	3:04	2.8	9:17	0.1	9:25	0.0	6:28	5:47	🌙
3	Wed	3:15	2.9	3:40	2.7	9:50	0.2	9:52	0.1	6:26	5:48	🌙
4	Thu	3:47	2.9	4:21	2.6	10:25	0.4	10:25	0.3	6:25	5:49	🌙
5	Fri	4:28	2.9	5:08	2.5	11:17	0.5	11:11	0.4	6:23	5:50	🌙
6	Sat	5:17	2.9	6:02	2.5			12:38	0.5	6:21	5:51	🌙
7	Sun	6:13	2.9	7:05	2.5	12:21	0.4	1:54	0.4	6:20	5:53	🌙
8	Mon	7:20	3.0	8:18	2.6	1:46	0.4	2:57	0.2	6:18	5:54	🌙
9	Tue	8:37	3.1	9:28	2.8	2:57	0.2	3:54	0.0	6:16	5:55	🌙
10	Wed	9:47	3.4	10:27	3.1	3:57	-0.1	4:46	-0.3	6:15	5:56	☀
11	Thu	10:45	3.6	11:18	3.4	4:54	-0.4	5:37	-0.5	6:13	5:57	☀
12	Fri	11:37	3.8			5:49	-0.6	6:27	-0.7	6:11	5:58	☀
13	Sat	12:07	3.7	12:27	3.9	6:43	-0.8	7:16	-0.9	6:10	5:59	☀
14	Sun	12:57	3.8	2:17	3.8	8:35	-0.9	9:03	-0.9	7:08	7:01	☀
15	Mon	2:47	3.9	3:10	3.7	9:25	-0.8	9:49	-0.8	7:06	7:02	☀
16	Tue	3:40	3.8	4:05	3.5	10:15	-0.7	10:36	-0.6	7:05	7:03	☀
17	Wed	4:35	3.7	5:02	3.3	11:06	-0.4	11:26	-0.3	7:03	7:04	☀
18	Thu	5:31	3.5	6:00	3.0			12:03	-0.2	7:01	7:05	☀
19	Fri	6:27	3.3	6:58	2.8	12:22	0.0	1:07	0.1	7:00	7:06	☀
20	Sat	7:22	3.1	7:55	2.7	1:26	0.3	2:13	0.2	6:58	7:07	🌙
21	Sun	8:20	3.0	8:56	2.6	2:31	0.4	3:15	0.3	6:56	7:08	🌙
22	Mon	9:22	2.9	9:59	2.6	3:32	0.5	4:11	0.3	6:55	7:09	🌙
23	Tue	10:23	2.9	10:55	2.8	4:27	0.4	5:00	0.2	6:53	7:11	🌙
24	Wed	11:15	3.0	11:42	2.9	5:17	0.3	5:45	0.1	6:51	7:12	🌙
25	Thu	11:59	3.1			6:02	0.2	6:27	0.0	6:49	7:13	🌙
26	Fri	12:22	3.1	12:39	3.2	6:46	0.1	7:07	0.0	6:48	7:14	🌙
27	Sat	12:59	3.2	1:17	3.2	7:28	0.0	7:45	-0.1	6:46	7:15	🌙
28	Sun	1:34	3.3	1:52	3.2	8:08	0.0	8:21	-0.1	6:44	7:16	☀
29	Mon	2:06	3.3	2:27	3.1	8:46	-0.1	8:55	-0.1	6:43	7:17	☀
30	Tue	2:35	3.3	3:00	3.0	9:22	0.0	9:26	0.0	6:41	7:18	☀
31	Wed	3:02	3.2	3:34	2.9	9:57	0.1	9:55	0.1	6:39	7:19	☀