US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:29	3.2	4:11	2.8	10:30	0.2	10:23	0.2	6:38	7:21	
2	Fri	4:04	3.2	4:55	2.7	11:07	0.3	10:57	0.3	6:36	7:22	
3	Sat	4:50	3.1	5:48	2.6	11:56	0.4	11:43	0.5	6:34	7:23	
4	Sun	5:46	3.1	6:45	2.6			1:08	0.5	6:33	7:24	
5	Mon	6:48	3.1	7:47	2.7	12:54	0.5	2:24	0.4	6:31	7:25	
6	Tue	7:55	3.2	8:56	2.8	2:24	0.5	3:29	0.2	6:29	7:26	
7	Wed	9:11	3.2	10:05	3.1	3:38	0.3	4:27	0.0	6:28	7:27	
8	Thu	10:24	3.4	11:05	3.4	4:40	0.0	5:20	-0.2	6:26	7:28	
9	Fri	11:25	3.6	11:58	3.7	5:37	-0.3	6:11	-0.5	6:24	7:29	
10	Sat			12:18	3.7	6:33	-0.5	7:01	-0.6	6:23	7:30	
11	Sun	12:47	4.0	1:09	3.8	7:26	-0.7	7:50	-0.7	6:21	7:31	
12	Mon	1:35	4.1	1:59	3.8	8:18	-0.7	8:38	-0.7	6:19	7:33	
13	Tue	2:24	4.1	2:51	3.6	9:08	-0.7	9:25	-0.5	6:18	7:34	
14	Wed	3:15	4.0	3:46	3.4	9:57	-0.6	10:11	-0.3	6:16	7:35	
15	Thu	4:08	3.8	4:43	3.2	10:47	-0.4	11:00	0.0	6:15	7:36	
16	Fri	5:03	3.6	5:41	3.1	11:40	-0.1	11:53	0.3	6:13	7:37	
17	Sat	5:59	3.4	6:38	2.9			12:38	0.2	6:12	7:38	
18	Sun	6:54	3.2	7:32	2.8	12:55	0.6	1:41	0.3	6:10	7:39	
19	Mon	7:48	3.0	8:28	2.7	2:00	0.7	2:41	0.4	6:08	7:40	
20	Tue	8:45	2.9	9:26	2.8	3:03	0.7	3:36	0.4	6:07	7:41	
21	Wed	9:44	2.9	10:21	2.9	3:58	0.7	4:24	0.4	6:05	7:42	
22	Thu	10:39	2.9	11:09	3.1	4:48	0.5	5:08	0.3	6:04	7:44	
23	Fri	11:27	3.0	11:51	3.2	5:34	0.4	5:49	0.2	6:02	7:45	
24	Sat			12:09	3.1	6:18	0.3	6:29	0.1	6:01	7:46	
25	Sun	12:27	3.4	12:47	3.2	7:01	0.1	7:08	0.1	6:00	7:47	
26	Mon	1:01	3.5	1:23	3.2	7:42	0.1	7:46	0.1	5:58	7:48	
27	Tue	1:32	3.5	1:59	3.1	8:22	0.0	8:22	0.1	5:57	7:49	
28	Wed	1:59	3.5	2:34	3.0	9:01	0.0	8:57	0.2	5:55	7:50	
29	Thu	2:27	3.5	3:10	3.0	9:39	0.0	9:30	0.2	5:54	7:51	
30	Fri	2:59	3.5	3:52	2.9	10:16	0.1	10:04	0.3	5:53	7:52	