US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:33	3.1	10:51	3.5	4:40	0.4	4:55	0.6	6:52	6:37	
2	Sat	11:21	3.3	11:38	3.5	5:25	0.3	5:42	0.5	6:53	6:36	
3	Sun			12:03	3.4	6:07	0.3	6:26	0.4	6:54	6:34	
4	Mon	12:18	3.6	12:41	3.5	6:47	0.2	7:09	0.3	6:56	6:32	
5	Tue	12:56	3.6	1:17	3.6	7:26	0.2	7:50	0.3	6:57	6:31	
6	Wed	1:33	3.5	1:50	3.6	8:03	0.2	8:30	0.3	6:58	6:29	
7	Thu	2:08	3.4	2:22	3.6	8:37	0.2	9:08	0.3	6:59	6:27	
8	Fri	2:43	3.3	2:50	3.5	9:10	0.3	9:44	0.4	7:00	6:26	
9	Sat	3:18	3.1	3:18	3.4	9:40	0.4	10:19	0.5	7:01	6:24	
10	Sun	3:55	3.0	3:49	3.4	10:08	0.5	10:56	0.6	7:02	6:22	
11	Mon	4:39	2.9	4:31	3.3	10:39	0.7	11:41	0.7	7:03	6:21	
12	Tue	5:32	2.8	5:25	3.3	11:20	0.8			7:04	6:19	
13	Wed	6:29	2.8	6:25	3.3	12:47	0.8	12:20	0.9	7:05	6:17	
14	Thu	7:27	2.8	7:28	3.4	2:01	0.8	1:49	0.8	7:06	6:16	
15	Fri	8:29	3.0	8:37	3.4	3:05	0.6	3:06	0.7	7:08	6:14	
16	Sat	9:35	3.2	9:48	3.6	4:01	0.3	4:10	0.4	7:09	6:13	
17	Sun	10:35	3.5	10:51	3.8	4:52	0.1	5:07	0.1	7:10	6:11	
18	Mon	11:29	3.9	11:46	3.9	5:42	-0.2	6:02	-0.1	7:11	6:10	
19	Tue			12:18	4.1	6:31	-0.4	6:56	-0.4	7:12	6:08	
20	Wed	12:36	4.0	1:06	4.3	7:20	-0.5	7:49	-0.5	7:13	6:07	
21	Thu	1:26	4.0	1:54	4.4	8:09	-0.5	8:41	-0.5	7:14	6:05	
22	Fri	2:17	3.9	2:45	4.3	8:57	-0.4	9:32	-0.4	7:16	6:04	
23	Sat	3:13	3.7	3:40	4.1	9:45	-0.3	10:23	-0.2	7:17	6:02	
24	Sun	4:12	3.5	4:38	3.9	10:34	0.0	11:16	0.0	7:18	6:01	
25	Mon	5:14	3.3	5:37	3.7	11:28	0.3			7:19	5:59	
26	Tue	6:15	3.1	6:35	3.5	12:16	0.2	12:30	0.6	7:20	5:58	
27	Wed	7:13	3.0	7:31	3.3	1:19	0.4	1:37	0.7	7:22	5:57	
28	Thu	8:09	3.0	8:27	3.2	2:22	0.5	2:41	0.8	7:23	5:55	
29	Fri	9:06	3.0	9:24	3.2	3:18	0.5	3:39	0.7	7:24	5:54	
30	Sat	10:02	3.1	10:19	3.2	4:08	0.4	4:30	0.6	7:25	5:53	
31	Sun	10:51	3.2	11:07	3.2	4:52	0.3	5:17	0.5	7:26	5:51	