US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:34	3.4	11:50	3.3	5:33	0.3	6:00	0.4	7:28	5:50	
2	Tue			12:12	3.5	6:12	0.2	6:43	0.3	7:29	5:49	
3	Wed	12:29	3.3	12:47	3.6	6:50	0.2	7:25	0.2	7:30	5:48	
4	Thu	1:05	3.3	1:19	3.6	7:28	0.2	8:06	0.2	7:31	5:46	
5	Fri	1:41	3.2	1:48	3.6	8:04	0.2	8:45	0.2	7:32	5:45	
6	Sat	2:16	3.1	2:14	3.6	8:39	0.2	9:23	0.2	7:34	5:44	
7	Sun	1:51	3.0	1:43	3.5	8:12	0.3	9:00	0.3	6:35	4:43	
8	Mon	2:29	2.9	2:17	3.4	8:45	0.4	9:39	0.3	6:36	4:42	
9	Tue	3:15	2.8	3:03	3.4	9:20	0.5	10:23	0.4	6:37	4:41	
10	Wed	4:11	2.7	4:00	3.3	10:03	0.6	11:21	0.5	6:38	4:40	
11	Thu	5:11	2.8	5:04	3.3	11:04	0.7			6:40	4:39	
12	Fri	6:08	2.9	6:08	3.3	12:29	0.5	12:30	0.7	6:41	4:38	
13	Sat	7:08	3.0	7:14	3.3	1:34	0.3	1:47	0.5	6:42	4:37	
14	Sun	8:10	3.3	8:23	3.4	2:32	0.1	2:52	0.3	6:43	4:36	
15	Mon	9:12	3.6	9:29	3.5	3:25	-0.1	3:51	0.0	6:45	4:35	
16	Tue	10:08	3.9	10:27	3.6	4:16	-0.3	4:46	-0.3	6:46	4:34	
17	Wed	10:58	4.1	11:19	3.7	5:06	-0.5	5:40	-0.4	6:47	4:33	
18	Thu	11:47	4.2			5:56	-0.5	6:33	-0.6	6:48	4:33	
19	Fri	12:10	3.6	12:35	4.3	6:46	-0.5	7:25	-0.6	6:49	4:32	
20	Sat	1:01	3.6	1:25	4.1	7:36	-0.4	8:15	-0.5	6:51	4:31	
21	Sun	1:55	3.4	2:17	4.0	8:24	-0.3	9:04	-0.4	6:52	4:30	
22	Mon	2:52	3.2	3:12	3.7	9:12	0.0	9:53	-0.2	6:53	4:30	
23	Tue	3:52	3.1	4:09	3.5	10:02	0.2	10:46	0.0	6:54	4:29	
24	Wed	4:50	2.9	5:05	3.3	10:58	0.5	11:44	0.2	6:55	4:29	
25	Thu	5:45	2.9	5:58	3.1			12:01	0.7	6:56	4:28	
26	Fri	6:37	2.8	6:50	3.0	12:43	0.3	1:06	0.8	6:57	4:28	
27	Sat	7:29	2.8	7:43	2.9	1:38	0.4	2:05	0.7	6:59	4:27	
28	Sun	8:23	2.9	8:38	2.8	2:28	0.4	2:59	0.6	7:00	4:27	
29	Mon	9:14	3.0	9:31	2.8	3:13	0.3	3:47	0.5	7:01	4:26	
30	Tue	10:00	3.2	10:18	2.9	3:55	0.2	4:32	0.3	7:02	4:26	