US HARBORS www.USHarbors.com

Poughkeepsie, NY - Feb 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:09	2.9	12:15	3.6	6:31	-0.3	7:19	-0.5	7:07	5:10	
2	Wed	12:50	3.0	12:57	3.6	7:18	-0.5	8:02	-0.6	7:06	5:12	
3	Thu	1:34	3.1	1:43	3.6	8:04	-0.5	8:44	-0.7	7:05	5:13	
4	Fri	2:22	3.2	2:33	3.5	8:51	-0.5	9:27	-0.6	7:04	5:14	
5	Sat	3:15	3.2	3:27	3.3	9:40	-0.4	10:13	-0.5	7:03	5:15	
6	Sun	4:11	3.3	4:25	3.2	10:35	-0.3	11:05	-0.4	7:02	5:17	
7	Mon	5:07	3.3	5:24	3.0	11:40	-0.1			7:01	5:18	
8	Tue	6:04	3.2	6:24	2.8	12:06	-0.2	12:51	0.0	6:59	5:19	
9	Wed	7:04	3.2	7:28	2.7	1:12	-0.1	2:00	0.0	6:58	5:21	
10	Thu	8:08	3.2	8:39	2.6	2:16	-0.1	3:03	-0.1	6:57	5:22	
11	Fri	9:15	3.2	9:46	2.7	3:16	-0.1	4:01	-0.2	6:56	5:23	
12	Sat	10:14	3.3	10:43	2.8	4:12	-0.2	4:54	-0.3	6:54	5:24	
13	Sun	11:05	3.4	11:32	2.9	5:05	-0.2	5:44	-0.4	6:53	5:26	
14	Mon	11:51	3.5			5:55	-0.3	6:31	-0.5	6:52	5:27	
15	Tue	12:17	3.0	12:34	3.5	6:42	-0.3	7:15	-0.5	6:50	5:28	
16	Wed	1:00	3.0	1:16	3.4	7:26	-0.3	7:55	-0.4	6:49	5:29	
17	Thu	1:41	3.0	1:57	3.3	8:08	-0.2	8:32	-0.4	6:48	5:31	
18	Fri	2:22	3.0	2:38	3.1	8:46	-0.1	9:07	-0.2	6:46	5:32	
19	Sat	3:03	2.9	3:20	2.9	9:24	0.0	9:40	-0.1	6:45	5:33	
20	Sun	3:44	2.8	4:03	2.7	10:02	0.2	10:11	0.1	6:43	5:34	
21	Mon	4:25	2.8	4:47	2.6	10:43	0.4	10:44	0.3	6:42	5:36	
22	Tue	5:04	2.7	5:31	2.4	11:36	0.6	11:25	0.4	6:41	5:37	
23	Wed	5:43	2.7	6:17	2.3			12:44	0.6	6:39	5:38	
24	Thu	6:27	2.6	7:11	2.3	12:26	0.5	1:50	0.6	6:38	5:39	
25	Fri	7:20	2.7	8:15	2.3	1:38	0.5	2:50	0.5	6:36	5:40	
26	Sat	8:26	2.8	9:20	2.4	2:41	0.5	3:43	0.3	6:34	5:42	
27	Sun	9:32	3.0	10:14	2.6	3:37	0.3	4:32	0.1	6:33	5:43	
28	Mon	10:25	3.2	11:00	2.9	4:29	0.0	5:20	-0.2	6:31	5:44	
29	Tue	11:11	3.5	11:44	3.1	5:20	-0.2	6:06	-0.4	6:30	5:45	