

































Poughkeepsie, NY - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:06	2.9	7:06	3.0	1:29	0.3	1:48	0.5	7:04	4:26	
2	Sat	8:04	3.1	8:13	3.1	2:24	0.1	2:52	0.3	7:05	4:25	
3	Sun	9:04	3.4	9:20	3.2	3:16	-0.1	3:50	0.0	7:06	4:25	
4	Mon	9:59	3.8	10:20	3.3	4:07	-0.3	4:45	-0.3	7:07	4:25	
5	Tue	10:51	4.0	11:13	3.4	4:57	-0.4	5:39	-0.5	7:08	4:25	
6	Wed	11:40	4.2			5:49	-0.6	6:33	-0.6	7:08	4:25	
7	Thu	12:06	3.4	12:30	4.2	6:41	-0.6	7:26	-0.7	7:09	4:25	
8	Fri	12:59	3.4	1:22	4.1	7:34	-0.6	8:17	-0.7	7:10	4:25	
9	Sat	1:56	3.3	2:18	3.9	8:25	-0.4	9:07	-0.6	7:11	4:25	
10	Sun	2:56	3.2	3:16	3.7	9:16	-0.2	9:58	-0.4	7:12	4:25	
11	Mon	3:58	3.1	4:16	3.5	10:10	0.0	10:53	-0.2	7:13	4:25	
12	Tue	4:58	3.0	5:13	3.3	11:10	0.3	11:51	0.0	7:14	4:25	
13	Wed	5:53	2.9	6:07	3.1			12:15	0.4	7:14	4:25	
14	Thu	6:46	2.9	7:00	2.9	12:50	0.1	1:20	0.5	7:15	4:26	
15	Fri	7:39	2.9	7:55	2.8	1:45	0.2	2:20	0.5	7:16	4:26	
16	Sat	8:33	2.9	8:51	2.7	2:36	0.2	3:14	0.4	7:16	4:26	
17	Sun	9:25	3.0	9:44	2.7	3:21	0.2	4:02	0.3	7:17	4:26	
18	Mon	10:11	3.1	10:32	2.7	4:04	0.1	4:48	0.2	7:18	4:27	
19	Tue	10:52	3.3	11:15	2.8	4:45	0.1	5:32	0.1	7:18	4:27	
20	Wed	11:29	3.3	11:55	2.8	5:26	0.1	6:15	0.0	7:19	4:28	
21	Thu			12:04	3.4	6:07	0.1	6:57	-0.1	7:19	4:28	
22	Fri	12:34	2.8	12:36	3.4	6:47	0.1	7:37	-0.1	7:20	4:29	
23	Sat	1:12	2.7	1:07	3.3	7:26	0.1	8:15	-0.1	7:20	4:29	
24	Sun	1:51	2.7	1:38	3.3	8:03	0.1	8:52	-0.1	7:20	4:30	
25	Mon	2:31	2.6	2:12	3.2	8:38	0.2	9:29	-0.1	7:21	4:31	
26	Tue	3:14	2.6	2:54	3.1	9:15	0.2	10:07	0.0	7:21	4:31	
27	Wed	4:00	2.6	3:44	3.1	9:56	0.3	10:51	0.1	7:21	4:32	
28	Thu	4:50	2.7	4:41	3.0	10:50	0.3	11:45	0.1	7:22	4:33	
29	Fri	5:40	2.8	5:39	2.9			12:03	0.4	7:22	4:33	
30	Sat	6:33	3.0	6:39	2.9	12:47	0.0	1:21	0.3	7:22	4:34	
31	Sun	7:31	3.2	7:45	2.8	1:48	0.0	2:30	0.1	7:22	4:35	