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# Poughkeepsie, NY - Oct 2057

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **2:37** | 3.6 | **3:06** | 3.9 | **9:26** | 0.0 | **9:59** | 0.0 | 6:53 | 6:36 | |
| 2 | Tue | **3:26** | 3.5 | **3:57** | 3.9 | **10:06** | 0.1 | **10:48** | 0.2 | 6:54 | 6:35 | |
| 3 | Wed | **4:23** | 3.3 | **4:56** | 3.8 | **10:52** | 0.2 | **11:46** | 0.3 | 6:55 | 6:33 | |
| 4 | Thu | **5:29** | 3.1 | **5:59** | 3.7 | **11:48** | 0.4 | | | 6:56 | 6:31 | |
| 5 | Fri | **6:36** | 3.1 | **7:03** | 3.7 | **12:55** | 0.4 | **1:02** | 0.6 | 6:57 | 6:30 | |
| 6 | Sat | **7:41** | 3.0 | **8:09** | 3.6 | **2:06** | 0.4 | **2:19** | 0.6 | 6:58 | 6:28 | |
| 7 | Sun | **8:49** | 3.1 | **9:16** | 3.6 | **3:12** | 0.4 | **3:28** | 0.5 | 6:59 | 6:26 | |
| 8 | Mon | **9:57** | 3.2 | **10:21** | 3.7 | **4:11** | 0.2 | **4:28** | 0.4 | 7:00 | 6:25 | |
| 9 | Tue | **10:57** | 3.5 | **11:17** | 3.7 | **5:03** | 0.0 | **5:23** | 0.2 | 7:02 | 6:23 | |
| 10 | Wed | **11:48** | 3.7 | | | **5:52** | -0.1 | **6:15** | 0.1 | 7:03 | 6:21 | |
| 11 | Thu | **12:06** | 3.8 | **12:32** | 3.8 | **6:38** | -0.1 | **7:04** | 0.0 | 7:04 | 6:20 | |
| 12 | Fri | **12:50** | 3.8 | **1:14** | 3.9 | **7:22** | -0.1 | **7:51** | 0.0 | 7:05 | 6:18 | |
| 13 | Sat | **1:32** | 3.7 | **1:53** | 3.9 | **8:04** | -0.1 | **8:35** | 0.0 | 7:06 | 6:17 | |
| 14 | Sun | **2:14** | 3.6 | **2:32** | 3.8 | **8:44** | 0.0 | **9:18** | 0.1 | 7:07 | 6:15 | |
| 15 | Mon | **2:58** | 3.4 | **3:12** | 3.6 | **9:21** | 0.2 | **9:59** | 0.3 | 7:08 | 6:13 | |
| 16 | Tue | **3:43** | 3.2 | **3:53** | 3.5 | **9:55** | 0.4 | **10:40** | 0.4 | 7:09 | 6:12 | |
| 17 | Wed | **4:33** | 3.0 | **4:38** | 3.3 | **10:29** | 0.6 | **11:24** | 0.6 | 7:10 | 6:10 | |
| 18 | Thu | **5:26** | 2.8 | **5:26** | 3.2 | **11:04** | 0.8 | | | 7:12 | 6:09 | |
| 19 | Fri | **6:19** | 2.7 | **6:16** | 3.1 | **12:17** | 0.8 | **11:47 AM** | 1.0 | 7:13 | 6:07 | |
| 20 | Sat | **7:11** | 2.6 | **7:07** | 3.0 | **1:19** | 0.9 | **12:56** | 1.1 | 7:14 | 6:06 | |
| 21 | Sun | **8:03** | 2.6 | **7:59** | 3.0 | **2:21** | 0.9 | **2:12** | 1.1 | 7:15 | 6:04 | |
| 22 | Mon | **8:58** | 2.7 | **8:56** | 3.0 | **3:16** | 0.8 | **3:15** | 1.0 | 7:16 | 6:03 | |
| 23 | Tue | **9:52** | 2.9 | **9:54** | 3.1 | **4:04** | 0.6 | **4:09** | 0.8 | 7:17 | 6:01 | |
| 24 | Wed | **10:40** | 3.1 | **10:45** | 3.3 | **4:48** | 0.4 | **4:58** | 0.6 | 7:19 | 6:00 | |
| 25 | Thu | **11:22** | 3.4 | **11:29** | 3.4 | **5:29** | 0.2 | **5:45** | 0.3 | 7:20 | 5:59 | |
| 26 | Fri | | | **12:00** | 3.6 | **6:10** | 0.1 | **6:32** | 0.1 | 7:21 | 5:57 | |
| 27 | Sat | **12:10** | 3.6 | **12:37** | 3.9 | **6:52** | -0.1 | **7:20** | -0.1 | 7:22 | 5:56 | |
| 28 | Sun | **12:51** | 3.6 | **1:15** | 4.1 | **7:35** | -0.2 | **8:09** | -0.2 | 7:23 | 5:55 | |
| 29 | Mon | **1:33** | 3.6 | **1:58** | 4.1 | **8:18** | -0.2 | **8:57** | -0.3 | 7:25 | 5:53 | |
| 30 | Tue | **2:20** | 3.5 | **2:45** | 4.1 | **9:03** | -0.2 | **9:45** | -0.2 | 7:26 | 5:52 | |
| 31 | Wed | **3:14** | 3.4 | **3:39** | 4.0 | **9:49** | -0.1 | **10:37** | -0.1 | 7:27 | 5:51 | |