US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:29	2.8	9:28	3.1	3:13	0.9	3:37	0.5	5:23	8:24	
2	Sun	9:28	2.8	10:16	3.3	4:07	0.7	4:22	0.4	5:22	8:24	
3	Mon	10:27	2.9	11:01	3.6	4:58	0.4	5:05	0.3	5:22	8:25	
4	Tue	11:20	3.0	11:44	3.8	5:48	0.2	5:50	0.1	5:22	8:26	
5	Wed			12:08	3.1	6:38	0.0	6:38	0.0	5:21	8:26	
6	Thu	12:28	4.0	12:56	3.2	7:30	-0.2	7:28	0.0	5:21	8:27	
7	Fri	1:13	4.2	1:46	3.2	8:21	-0.3	8:19	-0.1	5:21	8:28	
8	Sat	2:03	4.2	2:42	3.2	9:11	-0.4	9:11	-0.1	5:21	8:28	
9	Sun	2:57	4.1	3:43	3.2	10:00	-0.4	10:03	0.0	5:21	8:29	
10	Mon	3:58	4.0	4:48	3.2	10:52	-0.3	11:00	0.2	5:20	8:29	
11	Tue	5:02	3.8	5:50	3.3	11:47	-0.2			5:20	8:30	
12	Wed	6:04	3.6	6:49	3.3	12:03	0.3	12:47	-0.1	5:20	8:30	
13	Thu	7:02	3.5	7:44	3.4	1:12	0.4	1:47	0.0	5:20	8:31	
14	Fri	7:58	3.3	8:40	3.4	2:21	0.4	2:45	0.0	5:20	8:31	
15	Sat	8:57	3.2	9:37	3.5	3:24	0.4	3:38	0.1	5:20	8:32	
16	Sun	9:56	3.1	10:31	3.6	4:21	0.3	4:28	0.1	5:20	8:32	
17	Mon	10:53	3.0	11:19	3.7	5:13	0.2	5:14	0.1	5:20	8:32	
18	Tue	11:44	3.0			6:02	0.2	5:59	0.2	5:20	8:33	
19	Wed	12:03	3.7	12:30	3.0	6:50	0.1	6:43	0.3	5:21	8:33	
20	Thu	12:42	3.7	1:13	3.0	7:36	0.1	7:27	0.3	5:21	8:33	
21	Fri	1:21	3.7	1:57	3.0	8:19	0.1	8:09	0.4	5:21	8:33	
22	Sat	1:59	3.6	2:42	2.9	9:00	0.1	8:50	0.5	5:21	8:34	
23	Sun	2:37	3.5	3:28	2.9	9:39	0.2	9:28	0.6	5:22	8:34	
24	Mon	3:17	3.4	4:16	2.8	10:17	0.2	10:04	0.7	5:22	8:34	
25	Tue	3:57	3.2	5:04	2.8	10:54	0.3	10:41	0.8	5:22	8:34	
26	Wed	4:39	3.1	5:49	2.8	11:32	0.4	11:22	0.9	5:23	8:34	
27	Thu	5:21	3.0	6:30	2.9			12:13	0.5	5:23	8:34	
28	Fri	6:04	3.0	7:08	2.9	12:14	1.0	1:00	0.6	5:23	8:34	
29	Sat	6:48	2.9	7:47	3.1	1:21	1.0	1:50	0.6	5:24	8:34	
30	Sun	7:37	2.9	8:32	3.2	2:29	0.9	2:42	0.5	5:24	8:34	