

































Poughkeepsie, NY - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:34	2.8	9:25	3.4	3:31	0.7	3:34	0.4	5:25	8:34	
2	Tue	9:41	2.9	10:21	3.7	4:27	0.5	4:26	0.3	5:25	8:34	
3	Wed	10:47	2.9	11:15	3.9	5:22	0.2	5:18	0.2	5:26	8:33	
4	Thu	11:45	3.1			6:16	0.0	6:12	0.1	5:27	8:33	
5	Fri	12:07	4.1	12:39	3.2	7:10	-0.2	7:08	0.0	5:27	8:33	
6	Sat	12:58	4.2	1:33	3.3	8:03	-0.4	8:05	-0.1	5:28	8:33	
7	Sun	1:51	4.3	2:30	3.4	8:54	-0.5	8:59	-0.1	5:28	8:32	
8	Mon	2:48	4.2	3:30	3.4	9:44	-0.5	9:53	-0.1	5:29	8:32	
9	Tue	3:47	4.0	4:31	3.5	10:33	-0.4	10:47	0.0	5:30	8:31	
10	Wed	4:47	3.9	5:31	3.5	11:25	-0.3	11:46	0.2	5:31	8:31	
11	Thu	5:46	3.7	6:27	3.5			12:19	-0.1	5:31	8:31	
12	Fri	6:41	3.5	7:20	3.5	12:51	0.4	1:16	0.0	5:32	8:30	
13	Sat	7:34	3.3	8:12	3.5	1:57	0.5	2:13	0.2	5:33	8:29	
14	Sun	8:29	3.1	9:06	3.5	3:00	0.5	3:07	0.3	5:34	8:29	
15	Mon	9:28	2.9	10:01	3.5	3:58	0.5	3:58	0.4	5:34	8:28	
16	Tue	10:27	2.9	10:53	3.5	4:51	0.4	4:46	0.4	5:35	8:28	
17	Wed	11:21	2.9	11:39	3.6	5:40	0.3	5:32	0.5	5:36	8:27	
18	Thu			12:09	2.9	6:27	0.3	6:17	0.5	5:37	8:26	
19	Fri	12:21	3.6	12:52	3.0	7:12	0.2	7:02	0.5	5:38	8:26	
20	Sat	1:00	3.6	1:35	3.0	7:55	0.2	7:46	0.5	5:39	8:25	
21	Sun	1:38	3.6	2:17	3.0	8:35	0.2	8:27	0.5	5:40	8:24	
22	Mon	2:15	3.5	2:59	3.0	9:13	0.2	9:06	0.5	5:41	8:23	
23	Tue	2:51	3.4	3:42	3.0	9:49	0.2	9:43	0.6	5:41	8:22	
24	Wed	3:25	3.3	4:24	3.0	10:22	0.3	10:18	0.7	5:42	8:21	
25	Thu	3:59	3.2	5:04	3.0	10:54	0.3	10:55	0.8	5:43	8:20	
26	Fri	4:37	3.1	5:41	3.0	11:25	0.4	11:37	0.8	5:44	8:19	
27	Sat	5:21	3.0	6:19	3.1			12:00	0.5	5:45	8:18	
28	Sun	6:09	3.0	6:59	3.3	12:35	0.9	12:46	0.6	5:46	8:17	
29	Mon	7:01	2.9	7:47	3.4	1:48	0.8	1:47	0.6	5:47	8:16	
30	Tue	8:00	2.8	8:44	3.6	2:59	0.7	2:53	0.5	5:48	8:15	
31	Wed	9:09	2.8	9:50	3.7	4:02	0.5	3:57	0.4	5:49	8:14	