US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:12	3.6	6:30	-0.2	6:42	-0.1	6:22	7:29	
2	Mon	12:33	4.2	1:04	3.8	7:21	-0.3	7:37	-0.2	6:23	7:27	
3	Tue	1:24	4.3	1:54	3.9	8:10	-0.5	8:30	-0.2	6:24	7:25	
4	Wed	2:14	4.2	2:45	4.0	8:57	-0.5	9:20	-0.2	6:25	7:23	
5	Thu	3:05	4.0	3:37	3.9	9:42	-0.4	10:09	0.0	6:26	7:22	
6	Fri	3:58	3.8	4:30	3.8	10:26	-0.1	11:00	0.2	6:27	7:20	
7	Sat	4:53	3.5	5:23	3.7	11:11	0.1	11:55	0.4	6:28	7:18	
8	Sun	5:49	3.3	6:15	3.5			12:01	0.4	6:29	7:17	
9	Mon	6:43	3.1	7:05	3.4	12:56	0.6	12:56	0.7	6:30	7:15	
10	Tue	7:37	2.9	7:57	3.3	2:01	0.8	1:57	0.9	6:31	7:13	
11	Wed	8:34	2.8	8:54	3.2	3:02	0.8	2:58	0.9	6:32	7:12	
12	Thu	9:34	2.8	9:54	3.2	3:58	0.7	3:53	0.9	6:33	7:10	
13	Fri	10:31	2.9	10:48	3.3	4:47	0.7	4:43	0.8	6:34	7:08	
14	Sat	11:21	3.0	11:34	3.4	5:31	0.5	5:29	0.7	6:35	7:06	
15	Sun			12:04	3.2	6:13	0.4	6:14	0.6	6:36	7:05	
16	Mon	12:14	3.5	12:42	3.3	6:52	0.3	6:57	0.5	6:37	7:03	
17	Tue	12:49	3.6	1:18	3.4	7:31	0.2	7:38	0.4	6:38	7:01	
18	Wed	1:21	3.6	1:50	3.5	8:07	0.2	8:19	0.4	6:39	6:59	
19	Thu	1:52	3.5	2:21	3.5	8:41	0.2	8:57	0.3	6:40	6:58	
20	Fri	2:22	3.4	2:51	3.6	9:13	0.2	9:35	0.4	6:41	6:56	
21	Sat	2:55	3.3	3:25	3.6	9:43	0.3	10:13	0.4	6:42	6:54	
22	Sun	3:34	3.2	4:05	3.6	10:14	0.4	10:55	0.5	6:43	6:52	
23	Mon	4:24	3.1	4:56	3.6	10:49	0.5	11:49	0.6	6:44	6:51	
24	Tue	5:23	2.9	5:56	3.6	11:36	0.6			6:45	6:49	
25	Wed	6:29	2.9	6:59	3.6	1:02	0.7	12:50	0.7	6:46	6:47	
26	Thu	7:37	2.9	8:07	3.6	2:18	0.7	2:20	0.7	6:47	6:45	
27	Fri	8:49	3.0	9:20	3.7	3:25	0.5	3:33	0.6	6:48	6:44	
28	Sat	10:02	3.2	10:28	3.8	4:24	0.3	4:36	0.3	6:49	6:42	
29	Sun	11:05	3.5	11:27	4.0	5:17	0.0	5:34	0.1	6:50	6:40	
30	Mon	11:57	3.8			6:08	-0.2	6:28	-0.1	6:52	6:39	