US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:18	4.1	12:46	4.0	6:56	-0.3	7:21	-0.2	6:53	6:37	
2	Wed	1:05	4.1	1:32	4.1	7:44	-0.4	8:12	-0.2	6:54	6:35	
3	Thu	1:53	4.0	2:18	4.1	8:29	-0.3	9:00	-0.2	6:55	6:33	
4	Fri	2:41	3.8	3:04	4.0	9:13	-0.2	9:47	0.0	6:56	6:32	
5	Sat	3:31	3.6	3:53	3.8	9:54	0.0	10:34	0.2	6:57	6:30	
6	Sun	4:25	3.3	4:43	3.6	10:36	0.3	11:24	0.4	6:58	6:28	
7	Mon	5:20	3.1	5:36	3.4	11:20	0.6			6:59	6:27	
8	Tue	6:16	2.9	6:29	3.3	12:21	0.6	12:12	0.9	7:00	6:25	
9	Wed	7:10	2.8	7:22	3.1	1:24	0.8	1:16	1.1	7:01	6:23	
10	Thu	8:05	2.7	8:17	3.1	2:27	0.8	2:22	1.1	7:02	6:22	
11	Fri	9:02	2.8	9:15	3.1	3:23	0.8	3:22	1.0	7:03	6:20	
12	Sat	9:59	2.9	10:12	3.1	4:12	0.7	4:15	0.9	7:05	6:19	
13	Sun	10:49	3.0	11:00	3.2	4:56	0.6	5:02	0.7	7:06	6:17	
14	Mon	11:32	3.2	11:41	3.3	5:36	0.4	5:46	0.6	7:07	6:15	
15	Tue			12:10	3.4	6:14	0.3	6:29	0.4	7:08	6:14	
16	Wed	12:17	3.4	12:43	3.6	6:52	0.2	7:11	0.3	7:09	6:12	
17	Thu	12:50	3.4	1:14	3.7	7:29	0.1	7:54	0.2	7:10	6:11	
18	Fri	1:22	3.4	1:44	3.8	8:05	0.1	8:35	0.1	7:11	6:09	
19	Sat	1:56	3.3	2:16	3.8	8:41	0.2	9:16	0.1	7:12	6:08	
20	Sun	2:33	3.2	2:54	3.8	9:16	0.2	9:59	0.2	7:14	6:06	
21	Mon	3:18	3.1	3:40	3.7	9:53	0.3	10:45	0.3	7:15	6:05	
22	Tue	4:13	3.0	4:37	3.7	10:35	0.4	11:41	0.4	7:16	6:03	
23	Wed	5:20	2.9	5:44	3.6	11:30	0.6			7:17	6:02	
24	Thu	6:30	2.9	6:52	3.5	12:50	0.5	12:49	0.7	7:18	6:00	
25	Fri	7:36	2.9	7:58	3.5	2:01	0.4	2:13	0.6	7:19	5:59	
26	Sat	8:43	3.1	9:06	3.5	3:06	0.3	3:24	0.5	7:21	5:58	
27	Sun	9:50	3.3	10:12	3.6	4:03	0.1	4:25	0.3	7:22	5:56	
28	Mon	10:49	3.6	11:09	3.7	4:55	-0.1	5:21	0.1	7:23	5:55	
29	Tue	11:40	3.8			5:43	-0.2	6:14	-0.1	7:24	5:54	
30	Wed	12:00	3.7	12:26	4.0	6:31	-0.3	7:05	-0.2	7:25	5:52	
31	Thu	12:46	3.7	1:09	4.1	7:16	-0.3	7:54	-0.2	7:27	5:51	