US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:57**	3.1	**1:08**	3.7	**7:18**	0.0	**8:05**	-0.2	7:03	4:26	
2	Mon	**1:43**	3.0	**1:49**	3.5	**7:59**	0.1	**8:47**	-0.1	7:04	4:25	
3	Tue	**2:31**	2.8	**2:33**	3.3	**8:37**	0.3	**9:28**	0.1	7:05	4:25	
4	Wed	**3:22**	2.7	**3:20**	3.1	**9:15**	0.4	**10:11**	0.3	7:06	4:25	
5	Thu	**4:15**	2.6	**4:10**	3.0	**9:54**	0.6	**10:58**	0.4	7:07	4:25	
6	Fri	**5:06**	2.6	**4:59**	2.8	**10:41**	0.8	**11:50**	0.5	7:08	4:25	
7	Sat	**5:54**	2.6	**5:46**	2.7	**11:43**	0.9			7:09	4:25	
8	Sun	**6:41**	2.6	**6:31**	2.7	**12:45**	0.5	**12:53**	0.9	7:10	4:25	
9	Mon	**7:27**	2.7	**7:20**	2.6	**1:36**	0.5	**1:56**	0.8	7:11	4:25	
10	Tue	**8:16**	2.8	**8:16**	2.6	**2:24**	0.4	**2:51**	0.6	7:12	4:25	
11	Wed	**9:04**	3.0	**9:13**	2.7	**3:08**	0.3	**3:42**	0.4	7:12	4:25	
12	Thu	**9:49**	3.2	**10:04**	2.8	**3:51**	0.2	**4:30**	0.2	7:13	4:25	
13	Fri	**10:31**	3.5	**10:50**	2.9	**4:34**	0.0	**5:18**	-0.1	7:14	4:25	
14	Sat	**11:11**	3.7	**11:34**	2.9	**5:18**	-0.1	**6:07**	-0.2	7:15	4:25	
15	Sun	**11:53**	3.8			**6:05**	-0.2	**6:57**	-0.4	7:15	4:26	
16	Mon	**12:20**	3.0	**12:38**	3.9	**6:54**	-0.3	**7:45**	-0.5	7:16	4:26	
17	Tue	**1:09**	3.0	**1:28**	3.9	**7:44**	-0.3	**8:33**	-0.5	7:17	4:26	
18	Wed	**2:04**	3.0	**2:23**	3.8	**8:33**	-0.3	**9:22**	-0.5	7:17	4:27	
19	Thu	**3:05**	3.0	**3:25**	3.6	**9:26**	-0.2	**10:14**	-0.4	7:18	4:27	
20	Fri	**4:10**	3.0	**4:28**	3.5	**10:24**	0.0	**11:11**	-0.3	7:18	4:27	
21	Sat	**5:12**	3.0	**5:28**	3.3	**11:31**	0.1			7:19	4:28	
22	Sun	**6:10**	3.1	**6:26**	3.1	**12:12**	-0.2	**12:43**	0.2	7:19	4:28	
23	Mon	**7:07**	3.1	**7:25**	3.0	**1:13**	-0.2	**1:51**	0.2	7:20	4:29	
24	Tue	**8:06**	3.2	**8:27**	2.9	**2:10**	-0.2	**2:53**	0.1	7:20	4:30	
25	Wed	**9:05**	3.3	**9:28**	2.8	**3:04**	-0.2	**3:49**	0.0	7:21	4:30	
26	Thu	**9:59**	3.4	**10:22**	2.8	**3:54**	-0.2	**4:41**	-0.1	7:21	4:31	
27	Fri	**10:46**	3.4	**11:11**	2.9	**4:41**	-0.2	**5:30**	-0.2	7:21	4:32	
28	Sat	**11:29**	3.5	**11:56**	2.9	**5:27**	-0.1	**6:17**	-0.2	7:21	4:32	
29	Sun			**12:09**	3.5	**6:12**	-0.1	**7:02**	-0.3	7:22	4:33	
30	Mon	**12:39**	2.8	**12:49**	3.4	**6:56**	0.0	**7:44**	-0.3	7:22	4:34	
31	Tue	**1:22**	2.8	**1:28**	3.3	**7:37**	0.0	**8:24**	-0.2	7:22	4:35	