US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:05	3.3	3:23	2.8	9:58	0.0	9:55	0.2	6:37	7:21	
2	Wed	3:38	3.3	4:03	2.7	10:34	0.1	10:24	0.3	6:36	7:22	
3	Thu	4:20	3.3	4:54	2.6	11:17	0.2	11:02	0.4	6:34	7:23	
4	Fri	5:12	3.2	5:54	2.6			12:15	0.4	6:32	7:24	
5	Sat	6:14	3.2	6:59	2.6			1:33	0.4	6:31	7:25	
6	Sun	7:22	3.2	8:09	2.6	1:27	0.6	2:47	0.4	6:29	7:26	
7	Mon	8:35	3.2	9:23	2.8	2:56	0.5	3:50	0.2	6:27	7:27	
8	Tue	9:51	3.3	10:31	3.1	4:06	0.3	4:46	-0.1	6:26	7:28	
9	Wed	10:56	3.5	11:28	3.5	5:06	0.0	5:38	-0.3	6:24	7:29	
10	Thu	11:51	3.7			6:02	-0.3	6:27	-0.5	6:23	7:30	
11	Fri	12:18	3.8	12:41	3.7	6:56	-0.5	7:15	-0.6	6:21	7:31	
12	Sat	1:05	3.9	1:29	3.7	7:48	-0.6	8:03	-0.6	6:19	7:33	
13	Sun	1:50	4.0	2:18	3.6	8:38	-0.6	8:48	-0.5	6:18	7:34	
14	Mon	2:37	4.0	3:08	3.4	9:25	-0.5	9:32	-0.3	6:16	7:35	
15	Tue	3:24	3.8	4:01	3.2	10:12	-0.3	10:15	0.0	6:15	7:36	
16	Wed	4:14	3.6	4:57	3.0	11:01	-0.1	10:59	0.3	6:13	7:37	
17	Thu	5:07	3.3	5:54	2.8	11:54	0.2	11:50	0.6	6:11	7:38	
18	Fri	6:02	3.1	6:49	2.7			12:55	0.4	6:10	7:39	
19	Sat	6:56	3.0	7:43	2.6	12:52	0.8	1:58	0.5	6:08	7:40	
20	Sun	7:52	2.8	8:39	2.6	2:01	0.9	2:58	0.6	6:07	7:41	
21	Mon	8:51	2.8	9:37	2.7	3:05	0.9	3:51	0.5	6:05	7:42	
22	Tue	9:52	2.8	10:31	2.9	4:01	0.8	4:36	0.4	6:04	7:44	
23	Wed	10:46	2.8	11:17	3.1	4:50	0.6	5:18	0.3	6:02	7:45	
24	Thu	11:31	2.9	11:56	3.2	5:35	0.5	5:57	0.3	6:01	7:46	
25	Fri			12:10	3.0	6:19	0.3	6:35	0.2	6:00	7:47	
26	Sat	12:31	3.4	12:45	3.1	7:01	0.2	7:12	0.1	5:58	7:48	
27	Sun	1:03	3.5	1:19	3.1	7:43	0.1	7:49	0.1	5:57	7:49	
28	Mon	1:33	3.6	1:52	3.0	8:24	0.0	8:25	0.2	5:55	7:50	
29	Tue	2:02	3.6	2:26	3.0	9:03	0.0	8:59	0.2	5:54	7:51	
30	Wed	2:34	3.6	3:06	2.9	9:43	0.0	9:34	0.3	5:53	7:52	