

































Poughkeepsie, NY - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:27	3.2	8:02	3.6	1:53	0.4	2:02	0.2	5:50	8:13	
2	Sat	8:26	3.0	9:00	3.6	2:59	0.5	3:01	0.3	5:51	8:12	
3	Sun	9:29	2.9	10:00	3.6	3:59	0.4	3:58	0.4	5:52	8:11	
4	Mon	10:33	2.9	10:57	3.6	4:55	0.4	4:51	0.4	5:53	8:10	
5	Tue	11:29	3.0	11:47	3.6	5:46	0.3	5:41	0.5	5:54	8:09	
6	Wed			12:18	3.0	6:35	0.2	6:29	0.5	5:55	8:07	
7	Thu	12:31	3.7	1:02	3.1	7:20	0.2	7:16	0.4	5:56	8:06	
8	Fri	1:12	3.7	1:45	3.2	8:03	0.1	8:00	0.4	5:57	8:05	
9	Sat	1:51	3.6	2:26	3.2	8:43	0.1	8:41	0.5	5:58	8:04	
10	Sun	2:29	3.5	3:08	3.2	9:19	0.2	9:20	0.5	5:59	8:02	
11	Mon	3:06	3.4	3:49	3.2	9:53	0.2	9:57	0.6	6:00	8:01	
12	Tue	3:43	3.3	4:30	3.2	10:24	0.3	10:33	0.7	6:01	8:00	
13	Wed	4:19	3.1	5:09	3.1	10:53	0.5	11:10	0.8	6:02	7:58	
14	Thu	4:57	3.0	5:46	3.1	11:21	0.6	11:54	0.9	6:03	7:57	
15	Fri	5:38	2.8	6:23	3.2	11:52	0.7			6:04	7:55	
16	Sat	6:23	2.7	7:02	3.2	12:54	1.0	12:37	0.8	6:05	7:54	
17	Sun	7:13	2.7	7:50	3.3	2:07	1.0	1:43	0.9	6:06	7:53	
18	Mon	8:14	2.6	8:50	3.4	3:14	0.8	2:58	0.8	6:07	7:51	
19	Tue	9:27	2.7	9:58	3.6	4:14	0.7	4:04	0.7	6:08	7:50	
20	Wed	10:38	2.9	11:01	3.8	5:08	0.4	5:03	0.5	6:09	7:48	
21	Thu	11:36	3.1	11:55	4.0	6:00	0.2	6:00	0.2	6:10	7:47	
22	Fri			12:27	3.4	6:51	-0.1	6:56	0.0	6:11	7:45	
23	Sat	12:46	4.2	1:17	3.6	7:40	-0.3	7:51	-0.1	6:12	7:43	
24	Sun	1:36	4.3	2:07	3.8	8:28	-0.4	8:44	-0.2	6:13	7:42	
25	Mon	2:27	4.2	2:59	3.9	9:14	-0.5	9:35	-0.2	6:14	7:40	
26	Tue	3:20	4.0	3:54	3.9	10:00	-0.4	10:27	-0.1	6:15	7:39	
27	Wed	4:16	3.8	4:51	3.9	10:46	-0.3	11:22	0.1	6:16	7:37	
28	Thu	5:14	3.6	5:47	3.8	11:36	0.0			6:17	7:35	
29	Fri	6:12	3.3	6:43	3.7	12:24	0.3	12:32	0.3	6:18	7:34	
30	Sat	7:10	3.1	7:38	3.6	1:31	0.5	1:34	0.5	6:19	7:32	
31	Sun	8:09	3.0	8:36	3.5	2:37	0.6	2:38	0.6	6:20	7:31	