US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:00	3.2	11:12	3.1	5:02	0.4	5:19	0.6	7:28	5:50	
2	Sun	10:40	3.4	10:52	3.2	4:41	0.3	5:02	0.4	6:29	4:49	
3	Mon	11:16	3.5	11:28	3.2	5:18	0.3	5:44	0.3	6:30	4:48	
4	Tue	11:49	3.6			5:54	0.2	6:25	0.2	6:31	4:46	
5	Wed	12:02	3.1	12:19	3.7	6:30	0.2	7:06	0.2	6:32	4:45	
6	Thu	12:34	3.1	12:48	3.7	7:06	0.3	7:46	0.2	6:34	4:44	
7	Fri	1:06	3.0	1:17	3.6	7:40	0.3	8:25	0.2	6:35	4:43	
8	Sat	1:41	2.9	1:51	3.6	8:13	0.4	9:04	0.2	6:36	4:42	
9	Sun	2:22	2.8	2:34	3.5	8:48	0.5	9:48	0.3	6:37	4:41	
10	Mon	3:16	2.7	3:29	3.4	9:28	0.6	10:40	0.4	6:39	4:40	
11	Tue	4:22	2.7	4:35	3.4	10:20	0.7	11:45	0.4	6:40	4:39	
12	Wed	5:28	2.7	5:42	3.3	11:39	0.7			6:41	4:38	
13	Thu	6:30	2.9	6:46	3.3	12:53	0.4	1:07	0.7	6:42	4:37	
14	Fri	7:33	3.1	7:52	3.3	1:55	0.2	2:19	0.5	6:43	4:36	
15	Sat	8:36	3.3	8:58	3.4	2:50	0.0	3:20	0.2	6:45	4:35	
16	Sun	9:35	3.6	9:57	3.5	3:42	-0.2	4:16	0.0	6:46	4:34	
17	Mon	10:28	3.9	10:50	3.5	4:31	-0.3	5:10	-0.2	6:47	4:33	
18	Tue	11:15	4.1	11:40	3.5	5:19	-0.4	6:02	-0.4	6:48	4:33	
19	Wed			12:01	4.1	6:08	-0.4	6:54	-0.4	6:49	4:32	
20	Thu	12:29	3.5	12:47	4.1	6:56	-0.4	7:44	-0.4	6:51	4:31	
21	Fri	1:19	3.3	1:34	3.9	7:43	-0.2	8:32	-0.3	6:52	4:30	
22	Sat	2:12	3.2	2:24	3.7	8:29	0.0	9:19	-0.1	6:53	4:30	
23	Sun	3:08	3.0	3:18	3.5	9:14	0.2	10:08	0.1	6:54	4:29	
24	Mon	4:07	2.8	4:15	3.2	10:02	0.5	11:02	0.3	6:55	4:29	
25	Tue	5:04	2.7	5:10	3.1	10:56	0.7			6:56	4:28	
26	Wed	5:56	2.7	6:02	2.9	12:00	0.4	12:00	0.9	6:57	4:28	
27	Thu	6:47	2.7	6:53	2.8	12:58	0.5	1:06	0.9	6:59	4:27	
28	Fri	7:38	2.8	7:45	2.7	1:50	0.5	2:06	0.8	7:00	4:27	
29	Sat	8:30	2.9	8:40	2.7	2:37	0.4	2:59	0.7	7:01	4:26	
30	Sun	9:19	3.0	9:32	2.7	3:20	0.4	3:47	0.5	7:02	4:26	