US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:15	3.9	1:41	3.8	8:02	-0.7	8:18	-0.7	6:36	7:21	
2	Fri	2:01	4.0	2:30	3.7	8:52	-0.7	9:04	-0.7	6:35	7:22	
3	Sat	2:50	4.0	3:23	3.5	9:42	-0.6	9:49	-0.5	6:33	7:24	
4	Sun	3:42	3.9	4:21	3.3	10:32	-0.4	10:36	-0.2	6:31	7:25	
5	Mon	4:39	3.7	5:21	3.1	11:26	-0.2	11:28	0.1	6:30	7:26	
6	Tue	5:38	3.4	6:22	2.9			12:28	0.1	6:28	7:27	
7	Wed	6:38	3.2	7:22	2.8	12:31	0.4	1:36	0.3	6:26	7:28	
8	Thu	7:39	3.0	8:23	2.7	1:42	0.6	2:43	0.3	6:25	7:29	
9	Fri	8:42	2.9	9:26	2.7	2:51	0.7	3:43	0.3	6:23	7:30	
10	Sat	9:47	2.9	10:25	2.8	3:53	0.6	4:35	0.3	6:21	7:31	
11	Sun	10:45	2.9	11:15	3.0	4:46	0.5	5:20	0.2	6:20	7:32	
12	Mon	11:33	3.0	11:57	3.2	5:34	0.4	6:01	0.2	6:18	7:33	
13	Tue			12:13	3.1	6:18	0.2	6:40	0.1	6:17	7:35	
14	Wed	12:34	3.3	12:50	3.1	7:01	0.1	7:17	0.1	6:15	7:36	
15	Thu	1:09	3.4	1:25	3.1	7:42	0.1	7:52	0.1	6:13	7:37	
16	Fri	1:42	3.5	1:59	3.0	8:21	0.0	8:26	0.1	6:12	7:38	
17	Sat	2:12	3.5	2:32	2.9	8:58	0.0	8:58	0.2	6:10	7:39	
18	Sun	2:41	3.4	3:05	2.8	9:33	0.1	9:26	0.4	6:09	7:40	
19	Mon	3:08	3.3	3:40	2.7	10:08	0.2	9:54	0.5	6:07	7:41	
20	Tue	3:39	3.2	4:21	2.6	10:44	0.3	10:23	0.6	6:06	7:42	
21	Wed	4:21	3.2	5:13	2.5	11:26	0.4	11:01	0.7	6:04	7:43	
22	Thu	5:14	3.1	6:10	2.5			12:24	0.5	6:03	7:44	
23	Fri	6:16	3.1	7:09	2.6			1:37	0.5	6:01	7:45	
24	Sat	7:20	3.1	8:11	2.7	1:31	0.8	2:44	0.4	6:00	7:47	
25	Sun	8:29	3.2	9:18	3.0	2:57	0.6	3:42	0.2	5:58	7:48	
26	Mon	9:40	3.3	10:20	3.3	4:04	0.4	4:35	0.0	5:57	7:49	
27	Tue	10:44	3.4	11:15	3.7	5:02	0.1	5:24	-0.2	5:56	7:50	
28	Wed	11:40	3.5			5:57	-0.2	6:13	-0.4	5:54	7:51	
29	Thu	12:04	4.0	12:30	3.6	6:51	-0.4	7:02	-0.5	5:53	7:52	
30	Fri	12:51	4.2	1:20	3.6	7:45	-0.5	7:51	-0.5	5:52	7:53	