US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:39	4.2	2:12	3.5	8:36	-0.6	8:40	-0.4	5:50	7:54	
2	Sun	2:28	4.1	3:07	3.4	9:26	-0.5	9:28	-0.2	5:49	7:55	
3	Mon	3:20	3.9	4:06	3.2	10:16	-0.4	10:16	0.0	5:48	7:56	
4	Tue	4:17	3.7	5:07	3.1	11:09	-0.1	11:08	0.3	5:47	7:57	
5	Wed	5:17	3.5	6:07	3.0			12:06	0.1	5:45	7:58	
6	Thu	6:17	3.2	7:04	2.9	12:08	0.6	1:09	0.3	5:44	8:00	
7	Fri	7:13	3.1	7:59	2.9	1:16	0.8	2:11	0.4	5:43	8:01	
8	Sat	8:09	2.9	8:54	2.9	2:23	0.8	3:08	0.4	5:42	8:02	
9	Sun	9:07	2.9	9:49	3.0	3:24	0.8	3:57	0.4	5:41	8:03	
10	Mon	10:04	2.8	10:38	3.1	4:17	0.7	4:40	0.4	5:40	8:04	
11	Tue	10:55	2.9	11:22	3.3	5:05	0.5	5:20	0.3	5:38	8:05	
12	Wed	11:39	2.9			5:49	0.4	5:59	0.3	5:37	8:06	
13	Thu	12:00	3.5	12:18	2.9	6:32	0.3	6:36	0.3	5:36	8:07	
14	Fri	12:35	3.6	12:56	2.9	7:14	0.2	7:14	0.3	5:35	8:08	
15	Sat	1:08	3.6	1:32	2.9	7:56	0.1	7:52	0.3	5:34	8:09	
16	Sun	1:38	3.6	2:07	2.8	8:36	0.1	8:28	0.4	5:34	8:10	
17	Mon	2:08	3.6	2:43	2.8	9:15	0.1	9:03	0.5	5:33	8:11	
18	Tue	2:39	3.5	3:23	2.7	9:53	0.1	9:37	0.5	5:32	8:12	
19	Wed	3:17	3.4	4:10	2.6	10:32	0.2	10:13	0.6	5:31	8:13	
20	Thu	4:04	3.4	5:05	2.7	11:16	0.3	10:57	0.7	5:30	8:14	
21	Fri	5:02	3.3	6:02	2.7			12:08	0.3	5:29	8:15	
22	Sat	6:03	3.3	6:56	2.9			1:09	0.3	5:29	8:16	
23	Sun	7:04	3.3	7:52	3.1	1:21	0.7	2:11	0.3	5:28	8:17	
24	Mon	8:05	3.2	8:51	3.3	2:39	0.6	3:08	0.1	5:27	8:17	
25	Tue	9:10	3.2	9:52	3.6	3:44	0.4	4:02	0.0	5:26	8:18	
26	Wed	10:16	3.3	10:49	3.9	4:44	0.1	4:53	-0.1	5:26	8:19	
27	Thu	11:16	3.3	11:42	4.1	5:40	-0.1	5:44	-0.2	5:25	8:20	
28	Fri			12:11	3.4	6:34	-0.3	6:35	-0.3	5:25	8:21	
29	Sat	12:31	4.2	1:03	3.4	7:28	-0.4	7:28	-0.2	5:24	8:22	
30	Sun	1:19	4.2	1:56	3.4	8:21	-0.4	8:19	-0.1	5:24	8:22	
31	Mon	2:09	4.1	2:51	3.3	9:11	-0.4	9:09	0.0	5:23	8:23	