




























Poughkeepsie, NY - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:39	3.2	5:22	3.2	11:09	0.3	11:24	0.8	5:51	8:13	
2	Mon	5:24	3.0	6:06	3.2	11:46	0.5			5:52	8:11	
3	Tue	6:09	2.9	6:47	3.2	12:14	0.9	12:26	0.7	5:53	8:10	
4	Wed	6:52	2.7	7:29	3.1	1:13	1.0	1:12	0.8	5:54	8:09	
5	Thu	7:38	2.6	8:13	3.1	2:16	1.0	2:07	0.9	5:55	8:08	
6	Fri	8:31	2.5	9:04	3.2	3:16	1.0	3:04	0.9	5:56	8:07	
7	Sat	9:36	2.5	10:01	3.3	4:10	0.8	3:59	0.9	5:57	8:05	
8	Sun	10:39	2.6	10:55	3.5	5:01	0.7	4:51	0.8	5:58	8:04	
9	Mon	11:30	2.8	11:42	3.7	5:49	0.5	5:41	0.6	5:59	8:03	
10	Tue			12:15	3.0	6:35	0.3	6:30	0.4	6:00	8:01	
11	Wed	12:25	3.8	12:56	3.1	7:21	0.1	7:21	0.3	6:01	8:00	
12	Thu	1:07	4.0	1:38	3.3	8:06	-0.1	8:10	0.1	6:02	7:59	
13	Fri	1:51	4.0	2:23	3.5	8:49	-0.2	8:58	0.0	6:03	7:57	
14	Sat	2:38	4.0	3:11	3.6	9:30	-0.3	9:46	0.0	6:04	7:56	
15	Sun	3:28	3.8	4:03	3.7	10:12	-0.2	10:36	0.1	6:05	7:54	
16	Mon	4:22	3.7	4:58	3.8	10:56	-0.1	11:32	0.3	6:06	7:53	
17	Tue	5:20	3.5	5:54	3.8	11:44	0.0			6:07	7:51	
18	Wed	6:18	3.3	6:50	3.7	12:36	0.4	12:42	0.2	6:08	7:50	
19	Thu	7:17	3.1	7:48	3.7	1:47	0.5	1:47	0.4	6:09	7:48	
20	Fri	8:20	3.0	8:51	3.6	2:55	0.5	2:54	0.5	6:10	7:47	
21	Sat	9:29	2.9	9:58	3.6	3:58	0.4	3:57	0.5	6:11	7:45	
22	Sun	10:36	3.0	11:00	3.6	4:56	0.3	4:55	0.4	6:12	7:44	
23	Mon	11:34	3.1	11:53	3.7	5:48	0.2	5:48	0.4	6:13	7:42	
24	Tue			12:23	3.3	6:37	0.1	6:39	0.3	6:14	7:41	
25	Wed	12:38	3.8	1:08	3.4	7:23	0.1	7:26	0.3	6:15	7:39	
26	Thu	1:20	3.8	1:50	3.4	8:06	0.0	8:11	0.3	6:16	7:37	
27	Fri	1:59	3.7	2:31	3.5	8:45	0.1	8:53	0.3	6:17	7:36	
28	Sat	2:38	3.5	3:11	3.4	9:21	0.1	9:33	0.4	6:18	7:34	
29	Sun	3:17	3.4	3:52	3.4	9:54	0.3	10:10	0.5	6:19	7:33	
30	Mon	3:57	3.2	4:33	3.3	10:25	0.4	10:48	0.7	6:20	7:31	
31	Tue	4:39	3.0	5:14	3.3	10:53	0.6	11:29	0.9	6:21	7:29	